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Upfront

Two sure signs you're getting old: You require math to verify your own age; and, you can't seem to do anything without evoking a sense of nostalgia.

As I'm typing, I'm testing my theory. The first precept holds. How old am I? My initial instinct – 54. Checking the numbers – I was born in 1964, it's 2019 now...from '64 to 2000, that's 36 years; '00 to 2019, another 19; 36 plus 19...55. I'm 55, not 54. Arithmetic is more trustworthy than memory. But for belt-and-suspenders certainty, I steal a glimpse of my reflection in the home office mirror. A silly move, since I look like I'm 100 at this instant, not that I'm sure what I expect to see when I think 55.

Per the Oxford English Dictionary, nostalgia is "a sentimental longing or wistful affection for the past, typically for a period or place with happy personal associations." The famous reference book offers a usage example: "I was overcome with acute nostalgia for my days in college." As time passes, unremarkable moments that a young man would navigate without taking special note become milestones worth deep contemplation, their metaphoric flavor – bittersweet.

Oxford's illustration is timely to me. This past weekend, like the weekend to come, takes me back to my college days. I went to a football game last Saturday and I'm returning for another in a few days. Day trips to Pennsylvania from New York City, where my younger daughter now lives. I remain psychically connected to my alma mater. My father went there, too. My core group of lifelong friendships were formed there; they sustain me – often silently across many miles. But until recently, the student version of me felt contemporary, like I was just as much of that time as I am of today. Arithmetic, like it did above, has stolen the last of this illusion from me.

As I sat in the season seat that I've had since the stadium was built (two years after my graduation), that which was once novel and exciting is suddenly common and quaint. I turn to Larry. "This place opened in '88, right?"

He confirms it to be so.

"Eighty-eight to 2019, that's 21 years," I say, with intonation suggesting a really long time. I pause briefly, and Larry appraises me

with a quizzical stare. "Wait," I correct myself, "It's actually 31 years." Which hints, unsympathetically, at the number 50, given my tendency to round up.

The night before the game last week, I visited my daughter at her apartment. Like her father, she was hell-bent for the Big Apple as soon as she stripped off her cap-and-gown. The 8-by-8 living/dining room, shrunken by necessity as it donated the other half of itself to a false wall and my daughter's bed, somehow accommodated more than a dozen of us, though for only 15 minutes for me. She had a big night and full life ahead of her, and I was ready to distract myself with food. So I strolled to Little Italy, where my own father had introduced me to New York. On the way, the walk-up where my wife lived with two of her friends from school when I met her. Only one of the three still lives today.

I ordered calamari and scungilli with medium sauce, just like I did the first day of work at my very first job. I sat at the counter solo, a faded remnant of the wide-eyed 22-year-old me. The bar is granite now, not linoleum, and it's moved from the corner of the restaurant to the interior-back. Long gone – Mouse and Victor, the cook/servers in white t-shirts, pants and soda-jerk paper-and-net hats who collected neighborhood daily-number chits as diligently as they passed out plates. I grabbed the check and approached the register. Mikey was sitting there, perhaps he hasn't moved since 1986.

He's wearing the same suit as during our first encounter. I hand Mikey my American Express. A lot has happened since my Platinum was Green. Mikey takes the card, but his hand is shaking wildly. For a minute, he tries to insert it in the chip reader, to no avail. He beckons to the only other soul in the joint besides us two – a young Guatemalan that Mikey incongruously calls "Joe." Joe grabs Mikey by the wrist and steadies the shakes. Joe takes the card and completes the transaction, and I nod to Mikey for what I'm sure will be the last time.

Up the block, I sit for a cannoli. I daydream (at night) of the boxes of Italian pastries my invincible dad brought home a few times a year.

Back past my wife's way-back apartment again, and then my daughter's, before returning to my hotel. "This isn't mine anymore," I say to myself. "Maybe it never was."

Scott A. Lawrence

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The canals of Strasbourg, France,
Photo by Heidi Schweier

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Familiar Territory

A Visit to Alsace and the Black Forest

By Philip Schweier

When one thinks of France, the images that come to mind are often Paris and its iconic landmarks. However, the Alsace area near the German border offers an altogether different and welcoming setting. Beginning in the city of Strasbourg, we took a break from Savannah's interminable summer weather, enjoying a beautiful early autumn.

STRASBOURG, COLMAR AND BASEL

Strasbourg is approximately the size of Orlando, and a hub of French and European commerce. Its history dates back more than 2,000 years, when it was the site of a Roman encampment. It is situated along the German border, which has shifted back and forth over the centuries. This provides a unique blend of cultures – pleasant canals, cobblestone streets, and Medieval buildings spared the ravages of war. Its port is fed by the Rhine River, which flows along the city's eastern edge.

The River Ill, a tributary of the Rhine, divides into several canals that flow through the Tanner's Quarter, referring to the period when the area was home to the city's tanners, millers and fishermen during the Middle Ages. The streets and squares throughout the area are occupied by black and white timber-framed buildings, typical of Rhineland architecture.

The centerpiece of the old city is the Cathedral of Our Lady. Begun in 1175, its construction waxed and waned for more than 400 years, subject to political powers that ebbed and flowed. Its Gothic design features an abundance of carved figures and statuary adorning the building's exterior. Unlike many cathedrals throughout Europe, Strasbourg's Our Lady features only a single tower. During construction, builders recognized that the tower's mass, combined with its proximity to a nearby canal, caused the structure to sink, so plans for the second tower were abandoned.

Inside, the cathedral's south transept houses a 60-foot astronomical clock, one of the largest in the world. Dating from approximately 1840, it indicates leap years, equinoxes, and other forms of mathematical calculations necessary to astronomical data. The clock shows much more than official time; it also indicates solar time, the day of the week (each represented by a god of mythology), the month, the year, the signs of the Zodiac, phases of the moon and positions of the planets. Behind the mechanism is an ensemble of sculpted figurines, one of the most beautiful curiosities of the cathedral. At different hours of the day, animated characters launch into movement.

One angel sounds the bell while a second turns over an hourglass. Different characters, representing the stages of life – from a child to an old man – parade in front of Death. On the last level are the Apostles, passing in front of Christ. All these automata are put into operation at 12:30 p.m.

Perhaps the city's greatest technological claim is the printing press. Created by Johannes Gutenberg in 1440, the introduction of mechanical printing to Europe contributed to a scientific revolution. It is regarded as a milestone of human history, playing a key role in the development of the Renaissance and the spread of education to the masses.

South of Strasbourg, overlooking the highway to Colmar, is the Château du Haut-Koenigsbourg. The medieval castle was used by successive powers from the Middle Ages until the 17th century, when it was abandoned. From 1900 to 1908, it was rebuilt at the behest of Kaiser Wilhelm II. After World War I, France claimed the castle in accordance with the 1919 Treaty of Versailles. Because of its association with the German emperor, many people dismissed the complex, regarding it as nothing more than a fairy tale castle similar to Neuschwanstein. More recently, historians have suggested that, although not a completely accurate reconstruction, it is at least interesting for its demonstration of Wilhelm II's romantic nationalist ideas of the past. Since 1993, it has been classified as a "monument historique" by the French Ministry of Culture. Today, it is one of the most famous tourist attractions in the region, attracting more than 500,000 visitors a year.

Arriving in Colmar, we're greeted by a familiar sight. In the middle of a busy roundabout stands a 39-foot replica of the Statue of Liberty welcoming visitors to the city, just as her taller sister does in New York Harbor. Colmar is the hometown of Lady Liberty's sculptor, Frédéric Auguste Bartholdi (1834-1904). Many of his sculptures decorate fountains and parks around the city. The cityscape of Old Town Colmar is renowned among tourists, having been spared the wartime destruction of the past 150 years. Eight centuries of Germanic and French architecture contribute to the town's whimsy, which served as visual inspiration for the animated film, "Howl's Moving Castle (2004)." Though regarded as the capital of the Alsatian wine region, Colmar is one of the driest cities in France (weather-wise). Due to the town's location

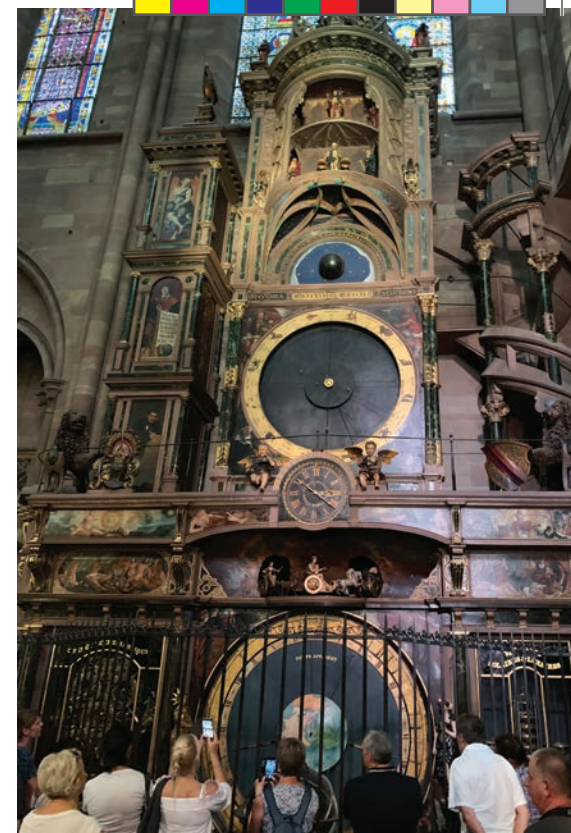
next to mountains, clouds blown in from the west rise, and much of their precipitation falls over high ground, leaving the air warm and dry by the time it reaches Colmar.

From Colmar, the flow of the Rhine River leads across the border, to the city of Basel, Switzerland. Located where the Swiss, French and German borders meet, it is Switzerland's second-largest economic center after Zürich, and the nation's third-most populous city (after Zurich and Geneva), with about 180,000 inhabitants. The Basel Munster Cathedral is one of the main landmarks, adding definition to the cityscape with its red sandstone architecture and colored roof tiles. Originally a Catholic cathedral, it was built between 1019 and 1500 in Romanesque and Gothic styles. Today it is a Protestant church.

BADEN-BADEN AND THE BLACK FOREST

East of the Rhine, 25 miles from Strasbourg, is the spa town of Baden-Baden, in the state of Baden-Württemberg, Germany. Its name derives from an old plural form of Baden meaning "bathing." The name was doubled to distinguish it from other cities bearing the same name. Thus, Baden-Baden means the town of Baden in the territory of Baden, similar to New York, New York. Roman settlement dates as far back as Emperor Hadrian, when the thermal springs were known as aquae ("the waters"). There are 29 natural springs in the area, varying in temperature from 115 to 153 (°F). The water is rich in salt and flows from underground artesian wells. Ruins of a Roman bath used by the Roman garrison in Strasbourg were discovered in 1847. Emperor Caracalla (C. 210 A.D.) visited the area to relieve his arthritic aches, giving his name to a modern spa.

Also dating from the Roman Empire is Merkur Mountain, named for Mercury, the Roman god of trade and commerce. The summit is accessible by foot, bicycle or the Merkur Funicular Railway – the Merkur-erbahn. Originally built in 1913, at 1,200 meters long it is one of the longest railways of its type in Germany, and climbs gradients of up to 54 percent. From the top of Merkur, we enjoyed a lunch of wienerschnitzel (one of many) while watching daredevil paragliders launch themselves into the sky. The summit provides a spectacular panorama of the Rhineland. In the field of view are the ruins of Hohenbaden Castle, the highest peaks of the Northern Black Forest, the Upper Rhine Plain, the Vosges, as well as the cities of Karlsruhe and Strasbourg.



The astronomical clock in Strasbourg's Cathedral of Our Lady is a marvel of 19th century engineering. Active many times throughout the day, it delights visitors of all ages to the cathedral.



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Outside of Baden-Baden, the Mummelsee is a small lake on the north edge of the Black Forest. The site includes a hotel, two restaurants, a grocery and souvenir store, and is very popular with tourists travelling along the Schwarzwaldhochstrasse. The lake has a circumference of approximately 2,625 feet and is surrounded by pine trees, bringing to mind Andy Griffith's old fishing hole. But it is also surrounded by ancient legends and mythology, which claim the lake is inhabited by the King of the Mummelsee and his mermaids. The circular trail around the lake was kept in its original state until 2014, when it was reconstructed with greater accessibility in mind, and artwork by local artists was installed along the pathway.

While visiting both the Mummelsee and the Caracalla Spa, I noticed a remarkable number of seniors intent on remaining active and fit during their golden years. Many used either walkers or sticks similar to ski poles to assist in their mobility. I found this determination admirable, having seen too many American seniors inclined to remain sedentary once activity becomes more challenging.

Another attraction in Baden-Baden is the privately-owned Fabergé Museum, dedicated to the artistic creations of the Russian jewelry firm. Founded in St. Petersburg in 1842, the Fabergé Company was an official supplier to the Russian Imperial court from 1885 to 1917, also selling high-end luxury goods to the Russian and European aristocracy. Besides the czars, clients included the Queen of England and the royal family of Siam (now Thailand). Established by Russian art collector, Alexander Ivanov, in 2009, the museum contains more than 1,500 items. The collection includes a rare silver decanter in the form of a rabbit and the final Imperial Easter egg, the Karelian



From atop Merkur, one can see much of the Rhine River valley.



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Birch Egg, made of Karelian birch with gold and diamonds, to celebrate Easter in 1917. Czar Nicholas II was deposed before he could present the egg to his mother.

After the Bolsheviks seized power in 1917, Fabergé was closed, but the company's art-works became popular again in the 1960s with Western collectors. Following the fall of the Soviet Union, prices climbed to record-breaking levels, thanks to Russians' renewed interest in their country's fine art.

Our visit to the Rhine Valley seemed to fly by, but a return seems likely. Having spent several years in Germany during her father's deployments, my wife's expectations for authentic schnitzel remained unsatisfied (for this trip). As for me, though pleased to have made the pilgrimage my grandfather's homeland, I now wonder if any distant relatives remain. We were blessed with beautiful weather, and a railway system to which America should aspire.



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L-R: Condoleezza Rice, Dr. Sanjay Gupta, Paul Nicklen and Rob O'Neill will be the presenters for the inaugural Lowcountry Speaker Series.



LOWCOUNTRY SPEAKER SERIES

By Mike Broderick

On January 14, the Lowcountry Speaker Series will launch its inaugural season, beginning with former secretary of state, Dr. Condoleezza Rice. Subsequent speakers include CNN correspondent, Dr. Sanjay Gupta, National Geographic photographer Paul Nicklen, and former Navy SEAL team leader, Robert O'Neill. The series is designed to attract very high-profile experts and storytellers to the area. Presentations will cover a variety of topics, including world affairs and politics, business and economics, education, and arts and entertainment.

The series was established by James Lamar, who seeks to share his passion for education and learning. Lamar maintains that seeing and hearing directly from an expert can have a dramatic impact on preexisting perceptions and opinions. He hopes audiences will hone their informed opinions, free from the filters of cable news or social media. Audiences will have the opportunity to ask questions and hear answers without someone else's spin.

"I believe if people have an opportunity to see a speaker live, in person, a perception can change," he says.

Born at the Charleston Naval Hospital, Lamar is a Navy brat who moved seven times before graduating high school in the Washington, D.C. area. He grew up adapting to changing geographies, cultures and viewpoints – life experiences that led him to the U.S. Air Force Academy and a career as a naval aviator. While in the service, he sought knowledge outside traditional publications and the 24-hour news cy-

cle. One day, in 2001, during his second combat deployment aboard the USS Abraham Lincoln, he had just returned from one of many missions over Iraq. In the aircraft carrier's ready room, he picked up a popular U.S.-based news magazine and, to his surprise, read that combat missions had been halted for more than a year!

In 2003, Lamar earned his MBA, becoming an investment fund portfolio manager on Wall Street, where he has found similar patterns of misinformation and biased reporting. He has noticed that factual events, regardless of the topic, are becoming increasingly clouded, not only by recognized media outlets, but also by technology-enabled platforms such as social media, where anyone with a smartphone can become a reporter. "Today, opinions on some of the most important global events are being formed based on a 280-character tweet," he says.

The Lowcountry Speaker Series came about when a friend of Lamar's in San Francisco offered to sell him an established series. Having lived in the South Carolina Lowcountry, and with family still in the area, Lamar saw greater potential in bringing dynamic speakers of varying philosophies to audiences in coastal Carolina and Georgia. "I definitely believe there is a market for these kinds of events in the Savannah, Bluffton and Hilton Head Island communities," he says.

Through connections in the public speaker industry, Lamar sought four dynamic presenters to address different topics, as a means to appeal to as wide an audience as possible. "I have personally vetted each

of these speakers, seeing them at different events, and with each one, their message is incredible."

He stresses that none was chosen out of any political affiliation or agenda. He cites Rice as an example, adding that her background makes her interesting beyond her role in world affairs. "The goal is to find experts in different fields and have them speak in a live forum, so that maybe preconceived perceptions can change," Lamar says.

While Nicklen and O'Neill may lack the name recognition of Rice or Gupta, they are no less deserving of drawing large audiences. "Typically, headliners will sell tickets," Lamar admits, "but other speakers will get people to come back, because the audience is surprised by what they learned."

The Lowcountry Speaker Series is sold as a four-event subscription, rather than by individual lecture, to help reduce costs. Subscribers are permitted to transfer unused tickets to someone else, are guaranteed seating for each presentation, and are given priority for renewals and seat upgrades.

Lamar hopes to make the program an annual event. With only a few months to go before the first speaker takes the stage, he is thrilled by the response from the local community. "I'm excited about our momentum and encouraged that this will become a recurring event," he says.

In the spring, after the second lecture, a survey will be sent to subscribers, allowing them to nominate future topics and speakers. "Our



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- **January 14:** Dr. Condoleezza Rice – U.S. Secretary of State, 2005-2009
- **February 11:** Dr. Sanjay Gupta – CNN Chief Medical Correspondent, journalist and neurosurgeon
- **March 10:** Paul Nicklen – National Geographic photographer and marine biologist
- **April 7:** SCPO Robert O'Neill (Ret.) – Former U.S. Navy SEAL Team Six leader, author of the New York Times best-selling memoir, *The Operator: Firing the Shots that Killed Osama bin Laden*.

subscriber base will have a say in the process," Lamar says, and he already has a few suggestions for the 2021 season. "There is a broad range of topics to cover. Entertainment is a factor, but to be consistent with the series, an informative speaker and topic are key."

Each presentation will be held at the Hilton Head Marriott Resort and Spa. Only reserved seating tickets are available; therefore your seat remains the same throughout the entire series based on your one-time selection at purchase.

For more information, please visit LowcountrySpeakerSeries.com or call 843.823.4111.



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Breast Cancer: The Density Factor

A relatively new law in Georgia requires healthcare facilities to notify a woman if a mammogram shows she has dense breasts. St. Joseph's/Candler has been following this practice for more than two years, informing mammography patients via letter when they have dense breasts (along with the results of their screening). The health system has been applying the practice in both Georgia and South Carolina.

The law and St. Joseph's/Candler's proactive approach to informing patients about breast density is not meant to cause anxiety. When women learn they have dense breasts, they are better prepared for risk discussion with their physicians, and able to consider special imaging. Breast density is a risk factor for breast cancer because suspicious areas may be harder to detect within dense breast tissue.

"There is never a case where it's not important that a patient be informed about their own situation," says Lora Reese, director of the Telfair Pavilion at St. Joseph's/Candler. "That's what all this is about – that women are more informed and that there may be other options for them."

Generally, women under 30 have denser breasts – defined as 50 percent or greater fibroglandular tissue, which makes up the ducts and lobules to produce milk. As some women age, fatty tissue replaces fibroglandular tissue, as it is no longer needed to support breastfeeding. Some women have dense breast throughout their lifetime. Breast density is best determined through mammography. St. Joseph's/Candler uses Quantra,

which is software that analyzes breast tissue using a mathematical algorithm to determine breast density.

The density of a breast is described on an alpha scale of A to D:

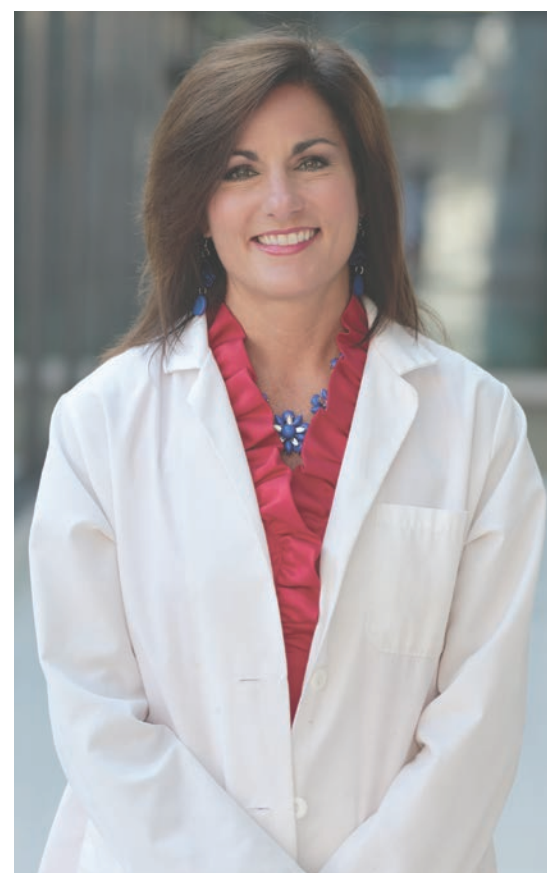
- A – Almost entirely fatty breasts
- B – Some scattered areas of fibroglandular tissue
- C – More than 50 percent fibroglandular tissue
- D – Extremely dense breasts

Both dense and fatty breasts are normal and common findings on mammograms. A fatty breast will display clear with shades of gray. Anything that contrasts with the mammogram is easier for radiologists to see. A dense breast, on the other hand, looks like snow, making it more difficult to see abnormalities.

"You can imagine if you are trying to find something the same white-looking color how hard it may be to see what is an issue and what is not because everything looks kind of similar," Reese explains.

Dense breasts are not the only risk factor for breast cancer. Others include:

- Family history, especially a first-degree relative with breast cancer (mother, sister, daughter)
- Obesity
- Poor diet
- Lack of exercise
- Smoking
- Heavy alcohol consumption
- Age



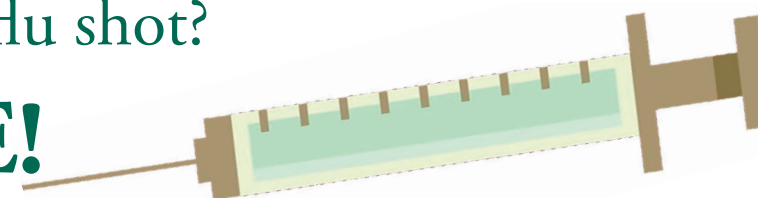
Lora Reese, Director of the Telfair Pavilion at St. Joseph's/Candler

"The important thing is to know what risk factors you have," Reese says. "It's always best to be informed, make sure you get your annual screenings, and talk to your physician about additional options."

St. Joseph's/Candler follows the American College of Radiology screening guidelines, recommending women of normal risk begin annual mammograms at age 40. If you have a first-degree relative diagnosed with breast cancer, mammography should start 10 years prior to age of diagnosis, if that falls under 40.

Q: Who should get the flu shot?

A: **EVERYONE!**



Flu season is here and everyone needs protection

Flu season is here, and everyone needs protection. If you haven't gotten the influenza vaccine, now is the time to do so. Everyone six months of age and older should be inoculated every flu season, which typically runs from October to late-April.

The flu is a highly contagious respiratory illness with mild to severe symptoms that can last for weeks, including high fever, sore throat, muscle ache, headache, possible vomiting and diarrhea. Certain populations are especially at risk of severe symptoms, and people die every year from the flu. For normally healthy adults under the age of 65, the standard flu vaccine is readily available, according to Dr. Michael McNeely, primary care physician at St. Joseph's/Candler Physician Network Primary Care on the Islands.

Most people who get sick with the flu will experience mild symptoms that do not require medical care. They will recover in less than two weeks. Some people may require a visit with their healthcare professional and antiviral medication for persistent flu symptoms. Certain populations and adults older than 65 are more likely to develop flu complications – such as pneumonia, bronchitis and respiratory failure – that can result in hospitalization.

"It can be quite severe especially to people who have underlying conditions," McNeely says.

For those at high-risk of complications, a higher-dose vaccine is available. This year's high-dose flu vaccine contains four times the amount of antigen as a standard flu shot, according to the Centers for Disease Control and Prevention. It causes a stronger immune response and is recommended for seniors and others with weakened immune systems.



Dr. Michael McNeely

"Patients with weakened immune systems typically do not respond as well to make enough antibodies in response to the standard dose," McNeely explains. "The high dose vaccine is a stronger version for those with weaker immune defenses."

Specific groups at high-risk of developing flu complications can include:

- Adults 65 years and older
- Pregnant women
- Very young children
- People with asthma
- People with history of heart disease or stroke
- People with diabetes
- HIV/AIDS patients
- Cancer patients
- Children with neurologic conditions

If you or a loved one falls into any of these categories, talk to your physician or pharmacist to learn if the high-dose flu shot is best for you.

Regardless of your prescribed dosage, get your flu shot. Age and good health is no excuse. Anyone is vulnerable to the flu. The standard and high-dose flu shots are available at almost every neighborhood pharmacy, as well as most primary care offices. Both flu shots also are available through the St. Joseph's/Candler Center for Medication Management.

"I encourage people not to delay unnecessarily getting their flu shot," McNeely says. "It's important to understand the immune response takes about two weeks before you really get it to the level where it's reasonable for protection. You don't want to wait until you are in the thick of flu season or exposed to a bunch of people."



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Commander Brian Erickson

Cdr. Brian Erickson has 27 years of service in the Coast Guard. But it doesn't take three decades of experience to know that a 2:32 a.m. Sunday phone call (September 8) is probably not a sign of good news.

The Golden Ray, a large cargo ship loaded with 4,200 new vehicles, overturned after departing the Port of Brunswick minutes earlier. The 600-foot-long vessel rested on its side in the St. Simons channel, well short of the open ocean. Cdr. Norman Witt, captain of the Port in Savannah, ordered Erickson to report to headquarters at Hunter Army Airfield as soon as possible. Erickson hustled out of bed, and he would not return to sleep for quite a while.

Erickson was born and raised in the coastal region of Port Townsend, Washington, where the movie *An Officer and A Gentleman* was filmed. After completing high school in 1992, he enlisted, serving aboard a succession of two Coast Guard vessels. After graduating from the Naval Academy Preparatory School at Newport, Rhode Island, he enrolled in the Coast Guard Academy, in New London, Connecticut, earning a degree in naval architecture and marine engineering in 1998.

As an ensign, Erickson's first duty station was aboard the U.S. Coast Guard *Mellon*, a 378-foot high-endurance cutter homeported in Seattle. The ship patrolled in support of fisheries law enforcement and in search-and-rescue missions.

Following his tour aboard the *Mellon*, Erickson earned his wings in rotary aircraft at the Navy Flight School at Pensacola, Florida, in 2001. He then enrolled in the transition course of the Coast Guard, learning to pilot the HH-65 Dolphin helicopter, a search-and-rescue workhorse.

The next duty station for the Evergreen State native was Port Angeles, Washington, on the Olympic Peninsula near the deep-water Strait of Juan de Fuca channel. A natural three-mile long sandbar splits the middle of the channel, separating the Lower 48 from Canada. Between commercial shipping, deep-water anchorage and recreational



boating, the area is busy, and accidents and rescue missions in the surrounding waters are common. Maritime distress calls were especially hazardous in the rough and stormy swells of the Pacific Ocean. While at Port Angeles, Erickson advanced to aircraft commander and served as flight and ground safety officer.

Next, Erickson served as an aeronautical engineer aboard a USCG icebreaker — only the third U.S. surface ship to sail to the North Pole. "Lots of inquisitive polar bears whenever we went ashore on the ice, and caution was the watchword on our surface jaunts near them," Erickson recalls.

Erickson traded his long-johns for T-shirts, assigned to the Coast Guard's Aviation Training Center in Mobile, Alabama, as assistant engineering officer. In 2009, he enrolled at Purdue University, where he earned a master's degree in aerospace engineering.

Advanced degree in hand, Erickson headed to the Coast Guard's Aviation Logistics Center at Elizabeth City, North Carolina. As long-range surveillance engineering branch chief, he was responsible for the airworthiness, engineering, technical and maintenance/overhaul support for the Coast Guard's fleet of HC-130 Hercules aircraft. "Keep 'em flying," as they said during World War II.

Three years later, Erickson received his first assignment to the Coast Guard Air Station at Hunter Army Airfield. As engineering officer, he was responsible for the maintenance and airworthiness of the five on-station Dolphin helicopters.

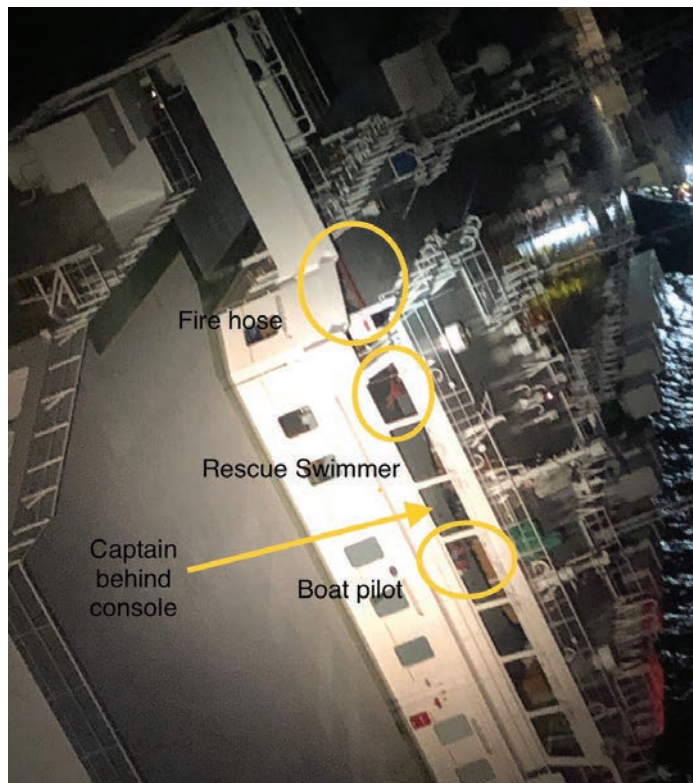
In 2015, he transitioned from any direct flying or aircraft maintenance to administrative duties at the Coast Guard Office of Budget and Programs in Washington, D.C. As a program reviewer, he helped formulate resource needs for Coast Guard operational forces, an important logistical function.

From Washington, Erickson returned to Hunter as commanding officer of the Coast Guard Air Station. There are 110 Coasties under his supervision, and a fleet of five Dolphin helicopters.

He Serves ★ By Ron Lauretti

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TheSkinnie VOL. 17 ISSUE 22 - 21



With the *Golden Ray* listing severely to port, a U.S. Coast Guard rescue swimmer made his way through the bridge to evacuate ship's personnel.

When Erickson arrived at Hunter the morning of September 8, his operations officer was already directing a response to the capsized vessel at the Port of Brunswick. Two emergency Coast Guard response crews were mobilized for the rescue of the ship's crew. At first, it was unknown if any of the 23 seamen or the harbor pilot aboard the *Golden Ray* had escaped into the water. Soon, rescuers learned that four men remained aboard the vessel, trapped inside with no means to escape. How long could the four seamen survive entombed in the sweltering darkness of the ship?

The situation was perilous, and responders would need to urgently summon all of their creative-thinking capacity. Thanks to the efforts of dozens of rescue workers, a chain of small carefully drilled connecting holes in the plates of the ship's hull formed a just-large-enough exit hole. Thirty-six hours after the catastrophe, the last of the trapped crewmen was pulled to safety.

Salvage operations commenced, and Coasties from Hunter would assist in many ways. Their helicopters hovered about the wreck during much of the work.

While the *Golden Ray* captured national attention, another maritime emergency pulled Coast Guard resources in another direction on the same day. Just before daylight, 19 miles off Sapelo Island, a private fishing boat began taking on water. After sending out an emergency signal, the four fishermen on board swam to a nearby weather buoy. A Coast Guard rescue helicopter from Hunter arrived within 45 minutes and, lowering their rescue swimmer into the water, the Coastie crew hoisted three of the men on board. While the chopper made a beeline

to shore, the rescue swimmer remained with the last of the fisherman on the weather buoy, as the chopper's load limits dictated two trips. Fourth man and rescue swimmer safely in the helicopter, a successful search-and-rescue mission in the books, the Coast Guard closed the book on another day's work.

"Semper Paratus," (Always Prepared) is the Coast Guard motto. Erickson and his Coasties live the creed. Their area of responsibility stretches from Melbourne, Florida, to the North /South Carolina border, 450 coastal miles. They respond promptly and efficiently to any call for assistance, making their way to trouble through the water or the air. Just ask the four sailors they helped rescue from the capsized *Golden Ray*.

Erickson has been a multi-engine and float-plane instructor since 2004, as well as an FAA certified airframe and power-plant mechanic with inspector authorization. An ultra-light flight instructor, he can occasionally be seen in the skies overhead piloting his personal aircraft, a Beechcraft Bonanza.

In May of 2020, Erickson will head to Boston, specifically Massachusetts Institute of Technology (MIT). The commander has earned a spot in MIT's Sloan MBA Fellowship Program, a full-time, one-year program for mid-career and senior career candidates to earn an advanced degree in general management and leadership. The Sloan Fellowship MBA program was founded by Alfred P. Sloan, the late CEO of General Motors Corporation, who was a prominent alumnus of MIT.

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Commander Erickson is joined by some of the Coast Guard personnel under his command at Hunter Army Airfield.

"I look forward for the opportunity to attend the MIT MBA Fellowship program, and I am indebted to the Coast Guard selection committee for the honor bestowed on me," Erickson gratefully acknowledges.

Until Erickson and his wife, Leighanne, pack up next spring, Coast Guard Air Station Savannah certainly remains in good hands.



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 Deadline is the Friday prior to publication.

THE NEW YOU

WHAT: Are you a New Neighbors member?

CONTACT: To join, go to the website and click on Membership, or contact Milli at nncontact20@gmail.com

WHAT ELSE: New Neighbors is a very active club open to any individual who lives at the Landings on a full- or part-time basis, is over the age of 21 and has never belonged to the Landings New Neighbors. The club offers more than 250 different activities, tours and events for you to enjoy. Go to www.landings-newneighbors.com to see more examples of how exciting New Neighbors can be.

GOTTA LOVE IT

WHAT: Landlovers welcomes you!

CONTACT: Landlovers Membership Chair, Cec Calcaterra at ceccalcaterra@gmail.com or 803.309.5883

WHAT ELSE: Landlovers Club is open to all Landings residents no matter how long one has lived here! Our club offers a variety of social activities and events like flea markets, house tours and garden tours. To learn more about us, visit landingslandlovers.com and click on "The Happenings" tab on the left.

NEW AND NOTEWORTHY

WHAT: Landlovers Love Notes (new Landlovers mixed chorus)

WHEN: Signing up now, so don't delay!

CONTACT: Marianne Claysmith, claysmith2@aol.com or text 505.670.2454

WHAT ELSE: Join Landlovers friends and neighbors in the new mixed chorus, Love Notes. Singers, keyboard/piano and guitar players needed and welcome, as well as other instruments. Open to Landlovers members only.

HORSE SENSE

WHAT: Pegasus Riding Academy volunteers needed

WHERE: Old Roberds Dairy, 2500 Tennessee Ave., Savannah

CONTACT: For information and directions, visit www.prasav.org or call 912.547.6482

WHAT ELSE: Pegasus Riding Academy is a therapeutic riding program providing safe, professional and ethical equine-assisted activities for individuals with physical, mental and

emotional disabilities. Volunteers are needed to assist these special children. Horse experience not necessary.

DUFFERS MAKE A DIFFERENCE

WHAT: The Hospice Savannah Golf Tournament, presented by USI Insurance Services (rescheduled due to Hurricane Dorian)

WHEN: Friday, Nov. 1

WHERE: The Landings Club's Plantation Course

HOW MUCH: \$600 Bronze sponsorship includes one four-man team, tee sign and log on materials

CONTACT: Ophelia Rodriguez at 912.629.1027 or visit www.HospiceSavannah.org/Golf

WHAT ELSE: Information on Platinum, Gold, Silver, Bronze and Tee sponsorships available on the downloadable registration form at www.HospiceSavannah.org/Golf. Driving range and lunch available at noon, followed by a 1:15 p.m. shotgun start with a four-man scramble (captain's choice) format. Prizes for hole-in-one on a par 3, longest drive, closest-to-the-pin, etc. Proceeds support the life-enriching programs and services of our community's non-profit, legacy hospice, proudly serving families in the Coastal Empire for more than 40 years.

SAVANNAH SHARK TANK

WHAT: Savannah SCORE's "BizPitch Savannah" Entrepreneurial Competition

WHEN: Friday, Nov. 1, 4:30 to 6:30 p.m.

WHERE: The Coastal Georgia Center, 305 Fahm St.

HOW MUCH: Free and open to the public

CONTACT: Savannah SCORE Chapter Chair, Michael Siegel, at bizpitchsavannah@gmail.com

WHAT ELSE: SCORE presents its second annual entrepreneurial competition, Savannah's kinder, gentler version of "Shark Tank." Eight aspiring entrepreneurs will pitch their business ideas to a panel of judges for the chance to win more than \$10,000 in cash and professional services to help them launch their business.

CAN YOU CANASTA?

WHAT: Landlovers Lucky Canasta

EN GARDE

WHAT: Savannah Fencing Club

WHEN: Monday and Wednesdays, 6 to 9 p.m.

WHERE: Susie King Taylor Charter School Gym (formerly Sacred Heart), 1709 Bull St.

CONTACT: Patricia Wilkens, 843.816.0756

WHAT ELSE: Beginners and experienced fencers welcome. We are a USFA member club.



NEW HAVEN

NOISEMAKERS

WHAT: America's oldest collegiate a cappella group – The Yale Whiffenpoofs

WHEN: Sunday, Nov. 3, 7 p.m.

WHERE: First Presbyterian Church of Savannah, 520 Washington Ave.

HOW MUCH: Admission: \$20/adult; \$10/student or child. Tickets available at <https://whiffs.ticketbud.com/savannah>

WHAT ELSE: Every year, 14 senior Yale students are selected to be in the Whiffenpoofs, the world's oldest and best-known collegiate a cappella group. Founded in 1909, the "Whiffs" began as a senior quartet that met weekly at Mory's Temple Bar. Today, the group has become one of Yale's most celebrated traditions. Singing a mixture of old Yale tunes, jazz standards, and other hits from across the decades, the Whiffenpoofs perform more than 200 concerts across six continents each year.

CONTINUING EDUCATION

WHAT: A Community Learning Series Event : Russ Wigh presents "All about Birds"

WHEN: Thursday, Nov. 14, 6 to 7:30 p.m.

WHERE: Armstrong Campus in the Armstrong Center, Continuing Education

HOW MUCH: \$20

CONTACT: 912.478.2560

WHAT ELSE: Wigh discusses local birds and shares his photographs.

WHEN: Every Friday, Nov. 1, 8, 15, 22; 9 to 11 a.m.
WHERE: Plantation Club, Hill Room
CONTACT: Leanne and Jean, LLcanastacards@gmail.com
WHAT ELSE: Instructions offered for experienced and new Canasta players. If you are new to the game, please attend three instructional sessions. Must be a Landings Club member (in accordance with Landings Club policy) and a Landlovers member to participate.

HARVEST HELP

WHAT: Landlovers Second Harvest Packing
WHEN: Friday, Nov. 1, 9 to 11 a.m.
WHERE: America's Second Harvest Volunteer Center
CONTACT: Rebecca Walling at llcommser-vic@gmail.com with questions or to volunteer.
WHAT ELSE: Meet at the Methodist church by 8:15 to carpool leaving no later than 8:30 a.m. Second Harvest serves as the food safety net for tens of thousands of children, senior citizens, low-income families, and people with disabilities who are at risk for hunger throughout southern Georgia. Four times a year, LL Community Service gets together on a Friday morning to to pack boxes at our local food bank. Participants must be members of Landlovers. No special skill required, just a caring heart.

THAR SHE BLOWS!

WHAT: Telfair Academy Guild presents "A Whale of a Party"
WHEN: Friday, Nov. 1, 6 to 8 p.m.
WHERE: Jepson Center for the Arts
HOW MUCH: General admission: \$75, includes two drink tickets; Patron tickets: \$125, includes open bar
CONTACT: Tickets are available online at www.telfair.org/event/whale-of-a-party
 A Whale of a Party » Telfair Museums
WHAT ELSE: Reserved seating and a private curator tour at 5:30 p.m. Celebrate the exhibition "Summon the Sea! Contemporary Artists and Moby Dick." Starting with a cocktail party, plans include seaworthy entertainment, culinary fare for seafarers and landlubbers, plus the opportunity to view the exhibition starring artist Tristin Lowe's 52-foot fabric whale, Mocha Dick.

BATH AND BODY WORK

WHAT: Landlovers Community Service Toilettry Collection

WHEN: Nov. 3 thru 9
WHERE: Landings Welcome Center, 1 Landings Way North
WHAT ELSE: Are you traveling this fall and staying at a hotel? If you have any unused personal-sized soaps, shampoos or lotions, please consider donating them (No mouthwash or larger sized toiletries). We will take them to Social Apostolate.

TIGHT KNIT GROUP

WHAT: The November Art Show at the JEA featuring work of Fiber Guild of the Savannahs
WHEN: Nov. 3 to 28; reception Nov. 3, 2-4 p.m.
WHERE: JEA Art Gallery, 5111 Abercorn St.
CONTACT: Vicky Lunick 912.355.8111
WHAT ELSE: The Fiber Guild of the Savannahs is a group of fiber artists who share inspiration and techniques using a wide variety of fiber-related arts, including weaving, quilting, knitting, basketry, rug-making and crocheting. Members demonstrate traditional pioneer crafts at the annual festivals at Oatland Island Wildlife Center. Beginners, amateurs and professional fiber artists are invited to join the guild.

MALE CALL

WHAT: Landlovers Men's Lunch Group
WHEN: Monday, Nov. 4 (1st Monday of each month)
WHERE: Various restaurants around Savannah
HOW MUCH: Each person pays for his meal
CONTACT: Dick Hughley, 912.657.9585, dickhughey1@att.net; Jim Smart, 787.234.3040, smartsville@aol.com
WHAT ELSE: This is the eighth year of this activity. Participants must be members of Landlovers.

STITCHIN' TIME

WHAT: Landlovers Stitch and Bead
WHEN: Tuesday, Nov. 5 and 19, 3 to 5 p.m. (1st and 3rd Tuesday of each month)
WHERE: Host home announced the weekend before by email
CONTACT: Jayne Rogers, jmrogers341@gmail.com, or Kathy Silbert, Kathysilbert@gmail.com, to sign up.
WHAT ELSE: Meet with your fellow Landlovers who needlepoint, knit, crochet and bead, in members' homes twice a month. Destress and enjoy the camaraderie of the group as we stitch and bead on our own projects. Optional project to knit or crochet baby caps

and blankets for the neonatal unit at MHUP. Please be willing to host the group at your home at least once during the year.

THUMBS UP

WHAT: Landlovers Green Thumb Club
WHEN: Wednesday, Nov. 6, 9:30 to 11:30 a.m.
WHERE: Messiah Lutheran Church
HOW MUCH: Annual Club dues are \$25 individual or \$30 family, guests are \$5
CONTACT: Kate Kastner katekastner@icloud.com
WHAT ELSE: Must be a Landlovers member. David Jarrell, president of Deep South Orchid Society, presents "What You Want and Need to Know About Orchids." Whether you are thinking ahead to a day when you abandon outdoor gardens for indoor greenery, or just want to keep a lovely gift orchid alive, this is the talk for you. Green Thumb Club focuses on gardening, wildlife, and the Georgia coastal lifestyle. Monthly meetings begin with coffee and socializing, followed by our featured speaker. Bring your own coffee cup.

GENUINE ARTICLES

WHAT: Landlovers Magpie Ladies- CAWING ALL MAGPIES!!
WHEN: Thursday, Nov. 7, 1 to 3 p.m.
WHERE: Member's homes. TBD prior to meeting and attendees will be notified
CONTACT: Send any questions or RSVP: lldaymagpies@gmail.com.
WHAT ELSE: Bring an interesting MAGazine or newspaper article on any topic (politics is ok but nonpartisan is a rule) to share/possibly present, to a very interested and interesting group of women. PIES and coffee will be served. You don't have to eat any of the PIES but the MAGazine articles are always informative and spark lots of great discussions. New members are always welcome, but participants must be members of Landlovers.

ONE MAN'S TRASH...

WHAT: Friends of Skidaway Audubon: "Composting"
WHEN: Thursday, Nov. 7, 6:30 p.m.
WHERE: Messiah Lutheran Church Community Hall
HOW MUCH: free to members, \$5 donation from non-members
CONTACT: Carolyn McInerney, 912.507.3700 or carol9133@aol.com
WHAT ELSE: Maria Vaughn from Cor Compost on the benefits of composting and how to

have a successful composting project in your backyard.

PET PROJECT

WHAT: Save-A-Life Animal Welfare Agency at Abercorn Street PetSmart Charities Adopt-a-thon event
WHEN: Saturday, Nov. 9, 12:30 to 3:30 p.m.
WHERE: 11132 Abercorn St.
HOW MUCH: Free to meet the rescued cats, kitten, dogs, and puppies
CONTACT: Telephone: 912.598.SPAY - Please leave message with your telephone number
WHAT ELSE: Won't you give a rescued pet a chance to steal your heart? Come see Save-A-Life's rescues at the Abercorn PetSmart store. Meet Save-A-Life's loving, vetted rescued pets looking for their forever homes. Find your loving, furry friend.

DINNER PLANS

WHAT: Landlovers Food, Friends and Fun
WHEN: Saturday evening, Nov. 9
WHERE: Members' homes
CONTACT: Please RSVP by November 1 to

Hannah Burtnik: hburtnik@gmail.com
WHAT ELSE: Dining group meets at members' homes for either a sit-down dinner where the host prepares an entrée or a cocktail party where guests bring a dish to share and their own beverages. Hosts rotate monthly so everyone gets to be a host at least once. The first event is a cocktail party. Please indicate whether you are a single or couple and if you want to be guests. If you can host, please indicate how many guests you can accommodate. Maximum participation is based on the number of host homes.

BRIDGE BITES

WHAT: Landlovers Second Sunday Night Buffet and Social Bridge
WHEN: Sunday, Nov. 10, 5:30 to 9 p.m.; Every second Sunday except December
WHERE: Plantation Club
HOW MUCH: \$24 for the buffet charged to your TLC account
CONTACT: LLSundaybridge@gmail.com to sign up; Call Carol and Al Stiles, 912.349.9977, or Gwen and Tom Gissendan-ner, 912.598.9623, for questions

WHAT ELSE: RSVP by November 1. Both men and women are invited. You don't have to bring a partner. We use bridge tallies to change partners. Attendance is limited. Must be a Landings Club member to participate.

TEA TIME

WHAT: Telfair Academy Guild (TAG) Meeting
WHEN: Monday, Nov. 11; 10 a.m. - reception, 10:30 a.m. - meeting and program
WHERE: Jepson Center
HOW MUCH: No charge to TAG members; Members' guests are welcome to attend
CONTACT: Non-members wishing to attend, please contact Betsy McCullar, betstymc-cullar2@gmail.com or 917.566.9101
WHAT ELSE: TAG is excited to welcome Damon Lee Fowler to our November meeting. Fowler presents "Spilling the Tea: The Rituals and Tableware of Teatime in Britain and America." Few things in this life are as soothingly civilizing as tea, properly brewed in an actual teapot and sipped from a china cup. Unhappily, it's a pleasure that has been all but lost to our busy modern world.

SAVANNAH PHILHARMONIC ORCHESTRA AND CHORUS

HOLIDAY SPECTACULAR

CONCERT SERIES



Nadège Foofat, conductor



Roger Moss, narrator



Mykal Kilgore, voice

Johnny Mercer Theatre

EVENING CONCERTS

December 6-7 7:30 pm

FAMILY MATINEE

December 7 3:00 pm



Colonial Group, Inc.

A Family of Companies





In the spirit of giving, we tell O. Henry's heartfelt *The Gift of the Magi* as adapted by Adolphus Hailstork. The theme of love pervades the story as Della and Jim sacrifice their most valued possessions to demonstrate their love to one another.

In the second half, we celebrate the season with a Motown *Holiday Tribute* and other fun favorites!

Evening Concerts \$25-\$80

Saturday Family Matinee \$15 each or Family Package 4 tickets for \$50



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STANDARD CLUES*

ACROSS

- Having wings
- Site of Napoleon's first exile
- CRASH!
- Falcon's claw
- Standard
- Female captive of Hercules
- See 2-Down
- Hint for 11-Down
- Taj Mahal site
- Slangy negative popularized by Charles Dickens (anagram for TINA)
- Concur
- "Take it from the top....!"
- TV's DeGeneres, et al.
- J.R.R.Tolkien monster
- Whalebone, in a whale's mouth
- Multiple choice option
- Spiral
- Name of four rivers in the UK
- Traditional and Roth
- Magna ____ (1215 A.D.)
- Ballad
- Taylor who played Cleo
- Don Diego de la Vega, with his mask, black cape and sword
- Injured by a wasp
- Meeting schedule
- More unfavorable
- Big name in chickens
- Porcupine quill, e.g. (anagram for EAST)
- M*A*S*H actor Alan ____, et al.
- Say "You mished by a mile", e.g.
- Villain of the first James Bond movie
- Mexican drudge
- See 47-Down
- 100-pound Australian birds
- Leaf sweeper
- Thrash
- Hint for 31-Down
- Doozy
- Slowly, to Toscanini

DOWN

- Rose oil for perfume
- Hint for 17-Across
- N.Y. Yankees, but not N.Y. Mets
- Main ingredient in marinara sauce

Only four common English words end in 'd-o-u-s'

1	2	3	4	5		6	7	8	9		10	11	12	13
14						15					16			
17						18					19			
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29	30	31				32					33	34	35	
36						37					38			
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				42	43						44			
45	46								47					
48						49	50				51	52	53	54
55						56					57			
58						59					60			
61						62					63			

- L.A. to N.Y.C. direction
- Terminate a romantic relationship (two words)
- Symbol of craziness
- Adjective for very dry Champagne
- Many older radios
- Apt rhyme for 'jiggle'
- See 19-Across
- UFO pilot, probably
- Buzzwords that go viral
- DEA agent
- "Jeopardy" TV host, ____ Trebec
- Part of ETA (Abbreviation at JFK)
- Pen name of Charles Lamb
- Source of: "DejaVu All Over Again"
- Palo ____, Calif.
- Lubricant
- Gastritis center?
- See 61-Across
- Not easy
- Non-PC suffix
- Humpty Dumpty, probably
- Ice cream holder
- Sit in a cowboy saddle
- Greek King of the Gods
- Elbow bender
- Polish city where Lech Walesa founded "Solidarity"
- 'Was' for many?
- Origami material
- Fragrant tree resin (anagram for EMILE)
- Hint for 56-Across
- Ollie's partner in comedy
- "Star Wars" protagonist, ____ Skywalker
- Horse with a white-flecked coat
- Night, in Paris (anagram for UNIT)
- Capital of Norway
- Sign outside of a Broadway hit
- Org. for Eagles and Falcons

Puzzle answers, page 33

\$20 each, with a maximum of 50 words • \$5 for each additional 10 words • Contact Teri Grayson at 598.9715 or email classifieds@theskinnie.com

AIR CONDITIONING SERVICE/REPAIR

Impact Air, LLC • We service/repair all brands of Air Conditioning & Heating equipment. Services range from duct repairs to replacement of an entire HVAC system. With over 20 years of experience, you are sure to receive quality work at a fair price. We also offer maintenance plans to keep your HVAC system(s) operating efficiently. Call Dan Abel, 912.667.1472 Licensed & Insured GA Lic# CN211101

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Eldercare, childcare, home or pet sitting. CPR certified 24+ years' hospital services. Please call Susan Gotch at 912.598.8720 (H) or 954.661.2205 (C) References available upon request.

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Landings Cleaning Group • Landings Cleaning Group, Inc. has been in business since 1986. We are well reviewed, trustworthy, and dependable and we are dedicated to pleasing every client we serve. Our company Is bonded and fully Insured. We strive for excellence. Our motto and belief since 1986 is: Pleasing You Keeps Us In Business. Please contact me, Dianne Marrow, family owned and operated, 912.598.7703 for an estimate.

COMPUTER SERVICES

OnSite Network Services, LLC • Jacob Dimond providing prompt and professional computer services to Landings' residents for over 13 years. Specializing in repair and upgrading of Windows and Apple computers, laptops, iPads, iPhone, virus/spyware and adware removal. New computer sales, transfer files and programs to new computer. Setup wireless networks,

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Savannah Computer Services, Inc. • Professionally serving coastal areas of Georgia and South Carolina for over 25 years. We specialize in PCs, Macs, and most IT equipment with a full spectrum of services including but not limited to installation, networking, cabling, diagnostic and repair, upgrades, data recovery, virus removal and prevention, moving/re-location, and consulting. Specialty business offerings include VOIP phones, high speed internet circuits with failover, and hosted cloud backup services. Enjoy fast and convenient on-site service, FREE pickup and delivery, or remote service by appointment only. Quotes are always free and no travel charge within our local area of coverage. Call Mike and Cyndy Tabakian, 912.756.7860 or visit our web site at savannahcomputer.com

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All of the latest and greatest for Christmas 2019 has arrived! Allow Debbie to design a plan for your home and/or office using your decorations combined with new products to update your Holiday Season! Please contact Landings Resident, Debbie Leacock, Debbie's Decorating to set up your appointment. Cell phone – 214.405.0989, email: dcleacock@aol.com, website: www.dleacock.com

DOOR SCREENS

Phantom Screens • The Phantom Screen's unique retractable design means it is there when you need it and disappears when you do not. Designed for doors, windows and large openings up to 25 ft. wide, we have a Phantom screen to meet your needs. Available in a variety of colors to compliment your home décor. Call 912.552.2331 or visit phantomscreens.com.

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Boat for sale • 1995 cobalt 233, 454 Mercruiser,

Bravo 3 outdrive, Garmin GPS, marine radio, full boat cover, cockpit cover and bimini. Call 655.9400

Christmas In the City Village (Dept. 56) liquidation sale • 30+ buildings and 60+ accessories. All in original boxes. Original owner. Call 912.598.9420 or email tpotts126@comcast.net for complete list.

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Sandfly Custom Framing • We are a full-service custom frame shop with over 2,000 mouldings to choose from. All work performed in house to ensure quality control. Owned and operated by Judi Weaver with over 23 years experience. Shadow boxes, mirrors, stitch art, diplomas, specialty matting, portraits, paintings. Original art and prints from area artists available. Consider Sandfly Custom Framing: "When Quality Matters." 8413-B Ferguson Ave. 912.691.1333.

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Grout Busters • Complete tile & grout cleaning service. Complete grout color change, color restoration & stain protection with epoxy sealer. Over 20 designer colors available. Tub & shower cleaning & re-grouting also available. Serving the Landings since 1995. 912.429.0420.

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Coastal Restoration and Remodelers • Commercial and residential. New homes, additions and custom designs. Kitchen and baths, flooring, decks and porches, windows and siding, roofing and gutters. Landings resident. Also, please see our display ad. Call us today at 912.313.3252

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New Leaf Landscape Management • As Skidaway Island residents, we understand your need to maintain a beautiful well-kept lawn. New Leaf Landscape Management specializes in full service lawn maintenance and fertilization, debris removal and professional landscaping design/ installation. With over 10 years in the industry, we have developed strong relationships with local companies to deliver superior products for your home at the utmost competitive prices. Please call for your no obligation lawn evaluation and free quote. Thank you! 912.656.9088 or 912.210.9773. Licensed and Insured.

Scott's Lawn Service, LLC • Customer service you deserve! We are committed to providing the most reliable lawn care service and maintenance. Offering complete lawn care needs including lawn mowing, edging, pruning, hedge trimming, blowing, sprinkler repairs, blowing the roof, and installing sod, pine straw, mulch and fertilizer. Call today for a free estimate. Let us maintain your property, so you can enjoy it. Licensed and insured. 912.656.8472

Treemaster, Inc. • We offer these services for all of your tree needs: trimming, pruning, and removal. We also offer stump grinding. We're bonded and insured. 24-hour emergency service. We accept all major credit cards except Discover. We are the sister company of Grassmaster, owned by Landings residents, Mike and Diane Schuman. Call us at 912.598.0140.

Ameri-Scapes Complete Lawn Care • Tired of the quick blow-and-go low quality lawncare? Call us, with over 20 years experience, we offer full lawn maintenance, shrub removal, shrub replacement. We also provide Irrigation and sod Installation. Call Josh at 912.675.6293.

One Way Landscape Services, Inc. • Since 1979. Year-round landscape care and maintenance. Mowing, edging, string trimming, blowing, shrub trimming, weed spraying, debris removal. Scheduled lawn and shrub fertilization and pest control. Walk behind mowers offered. Many Landings references. Also onetime shrub trimming jobs, reclaiming overgrown property, brush clearing, small tree pruning and removal, and more. Commercial or residential. 925.5625 or 658.3270.

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PAINTING AND POWER WASHING

Peterson Custom Works, Inc. • For highest quality interior/exterior painting, wood-rot repair, pressure washing, window and door replacement. Licensed and insured. Georgia license #RBQA004670. Ten years experience on Skidaway Island. References available. 351.0716 or 656.8842.

Motley Crew Power Wash • Locally owned and operated. We offer: Soft wash cleaning of exterior; pressure washing of driveways, walkways, concrete patios, and wood decks; Safe, Soft Roof cleaning; Landings. Strong work values and professional etiquette. Jobs are always kept neat and clean. FREE estimates and our work is always guaranteed. Call Terry at 912.667.8779



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Landings resident, agent • Island Life@UberRealPhil. Rides and real estate networking offered by Phillip Williams, Landings resident since 2007. Trusted private driver for landings residents since 2014, Architectural designer that served on the ARC and now pursuing an additional career as a real estate agent. I like to stay busy. Rides to and from downtown, also to the airport and back during regular hours is \$45, before 6am or after 11pm it's \$65. 912.224.0619 checkout my recommendations on Nextdoor.

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A	L	A	T	E	E	L	B	A	W	H	A	M
T	A	L	O	N	N	O	R	M	I	O	L	E
T	R	E	M	E	N	D	O	U	S	G	R	I
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R	I	S	K	O	N	E	R	L	E	N	T	O

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LSU at Alabama
USC at Arizona St.
Missouri at Georgia
Appalachian St. at South Carolina
Tennessee at Kentucky
Iowa St. at Oklahoma
Wyoming at Boise St.
Nevada at San Diego St.
Louisville at Miami (FL)
Wake Forest at Virginia Tech

NFL

Detroit at Chicago
Carolina at Green Bay
Minnesota at Dalla
Buffalo at Cleveland
NY Giants at NY Jets

As a tiebreaker this week,
pick the total points in the
Penn St./Minnesota game.

The Skinny Football Pick 'Em Pool

An epic battle between a couple of worthy opponents – “Jabbing” Jack Richardson and Crystal “Hit ‘Em” Higgins.

They both predicted 18 of 25 games correctly. The tiebreaker was the Wisconsin/Ohio State game. The Buckeyes blitzed the Badgers by a score of 38 to 7, for a point total of 45. “Jabbing” Jack guessed that Big Ten tussle would yield 61 points - a little ambitious, it turns out. But “Hit ‘Em” Higgins was almost dead on – she guessed 42.

Congratulations, Crystal, and an honorable mention to Jack for another close one. Thank you, as always, to everyone who plays along with us.

Join the fun. The rules are simple. Predict the winning team for each game. And get more right than the rest of your friends. Twenty college tilts and five of the NFL variety, making 25, in all. If you win, you get prizes. Playing makes watching those Saturday scoreboard shows a little more interesting.

This slate of games will be played Thursday, November 7, through Sunday, November 10.

Entries are due Thursday, November 7, at 5 p.m. Email your picks to chendrix@theskinnie.com. Or send your entry the old-fashioned way to:

The Skinny
15 Lake Street, Suite 280
Savannah, GA 31411.

Alternatively, you can drop it by our offices.

Please, limit one entry per contestant. Good luck and enjoy the games.



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Sun 7:30 am-6:00 pm

LARRY ALLEN - Savannah, GA



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THE TAVR PROCEDURE.

Larry experienced shortness of breath for even the easiest of daily tasks. It affected his golf game and his life. He needed a valve replacement, but open heart surgery was too risky. Dr. Wallace determined Larry was a good candidate for the TAVR procedure – a less invasive, state of the art procedure requiring a highly skilled medical team. He performed the TAVR procedure at The Heart Hospital and within a few short months Larry's biggest challenge was staying out of the bunker.



**THAT'S WHY I CHOOSE
ST. JOSEPH'S/CANDLER**

William Wallace, MD Interventional Cardiologist