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VOL 18: ISSUE 20 **OCTOBER 2, 2020**

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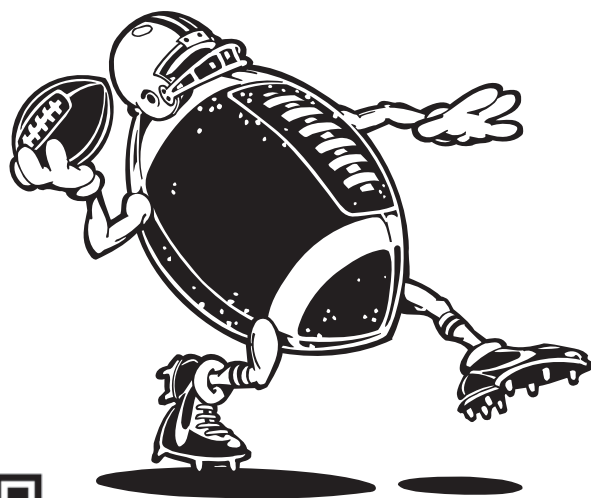
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TRAVELERS

Upfront

For a while, we went without sports. Public safety concerns, they said. But, as is predictable for any complicated issue (when humans are involved), economic incentives and irrepressible self-interests win. So, although we can't gather in groups more than 50 (or 25, or 10, or 6, or pick-an-integer-any-integer...depending on the "science-driven" assessment of whomever is the protector-in-chief in your particular jurisdiction), let's play ball – all kinds of ball, at once. Baseball and basketball playoffs, and the beloved NFL. College football on campuses restricted to remote, digital learning. Tennis (except Wimbledon...who knows why the English do what they do?). Golf...the PGA Championship, then pumpkin spice latte season, a US Open in America's former pandemic Ground Zero, checkbook-padding stops in the Dominican Republic, Las Vegas and Bermuda, among others, leading to Thanksgiving azaleas in Augusta, if you like. (By the way...no Open Championship this year, which YOU call the British Open, because that's what it is...and calling it "THE Open Championship" is analogous to the horrible Buckeye pretension: "THE Ohio State University," which suggests an odd insecurity that someone might imagine there is another one out there hiding somewhere...and, if you wonder why there's no 2020 (British) Open Championship, see my Wimbledon note above...i.e. the English can be a little uptight). And hockey (I'll bet you even money you don't know the Tampa Bay Lightning won the Stanley Cup last night...as I write...in Edmonton, Alberta, by beating the Dallas Stars).



To contact The Skinnie with your ideas, responses, letters and more, email us at mail@theskinnie.com

Don't mistake my cynical tone for displeasure. I LOVE that we have permitted the games to re-begin, notwithstanding the heartbreak associated with my Celtics' demise.

Competition is good for mankind. It breeds innovation. It satisfies primal urges. It promotes the pursuit of excellence. It demands Darwinian evolution. And it ensures we have plenty of options for killing three hours eating potato chips on a well-worn couch.

It's in celebration of these basic truths that we commemorate the return (in the global sense) to the (metaphorical) field. The instrument for our gratitude song: The Skinnie Pick 'Em Football Pool. It's an annual tradition; it will not be undone by a virus...not this autumn, anyway. Find it on page 30. Participate. Let's see hundreds of entries. Beat your neighbors and win a prize: A handsome and rather valuable gift card to Sandfly coffee shop and community meeting place, Cutters Point. I know the owner, so the cross-promotion works pretty well.

Anyway, we aim to engage our readers. And the football pool is a particularly interactive manifestation of this aim; one that is significantly less toxic than the now-infamous notion of "anonymous ads."

Circle your winners, send your sheet, and enjoy the games.

Scott A. Lawrence



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LETTERS TO THE EDITOR

IT'S A YES FOR ME

I just returned from officiating at a golf tournament at Jekyll Island. The cart paths on Oleander and Pine Lakes were a tragic mess. If someone wants to know what happens when you don't take care of your infrastructure just go to Jekyll.

This debate over the assessment is tragic and disturbing. For those of you who are against the assessment: Why? Why are you living here if you don't want to maintain the place to which you moved? If you don't trust/believe your TLA Board – get on a committee, run for the board, get involved in a positive way. Do something good for your community!

I have lived here 22 years and I love it and the TLA has always done positive things for the community. And, YES, I voted for the assessment.

Bill Bayfield

I WANT NAMES

Regarding your most recent Up Front column and the fallout from the September 4 anonymous ad, I'd suggest that going forward, the magazine implement a new policy that excludes publishing anonymous ads. In these fractious and fraught days, with concerns about reliable news sources and active disinformation across media of all kinds, your readers deserve to know the source of an ad as one data point in judging its credibility. The Skinnie may not have a legal obligation

to do so, but as a professional magazine, isn't it the right thing to do?

As for me, without knowing the source of the claims made about the proposed TLA assessment, I dismissed them out of hand. As such, the ad had the opposite impact on me that I assume its author or authors intended. I am glad The Skinnie serves the community in so many ways, but it can serve us better with a greater commitment to transparency.

Elizabeth McCullar

SEEING 2020 IN PERSPECTIVE

I must confess, I have not read all the print about The Landings Association's pending assessment; one can only handle so much negativity and 2020 has tapped me out! I do think that the hate-filled reaction to, what appears to be a very reasonable request, is symptomatic of the effect of a virtual landslide of bad news in 2020.

I do not think all this trash talking is representative of who we are as a community, but I do think that we need to control what negative inputs we allow into our psyches during a tough year. I have almost quit watching news, I get my news from a national newspaper that tends to present news, not opinion, unless so labeled. Our community is better than this and our country is too.

C'mon folks, get a grip, we will get through 2020.

Greg Stinson

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on the cover:

This photo from the Coastal Georgia Botanical Gardens illustrates the beauty to be found right in our own backyard.

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An Edenic Day

This year, people are taking stay-cations, seeking to meet the desire for travel without wandering too far from home. My wife and I recently had to revise our travel plans, seeking options that didn't involve an overnight stay. This provided us with a grand day out at the Coastal Georgia Botanical Garden, located off Highway 17.

The Garden is a tranquil escape for more than 100,000 annual visitors. It is actually a series of gardens, each cultivated toward a variety of plants grouped by common needs.

Plants with flowers, leaves or fruits that are yellow, gold or orange in color are the backbone of the Sun Garden. The peak of color splendor is late summer to frost, when tropical perennials are in flower. The Sun Garden's spiraling paths are inspired by the arms of the Milky Way (the galaxy, not the candy bar). The Cottage Garden features various shrubs and perennials, comparable to what would be found in an English village. Inspired by coastal areas of Spain, Italy and France, the Mediterranean Garden features heat-loving, drought-tolerant colorful plants like cypress trees, olives and various palms.

The Coastal Georgia Botanical Garden is home to one of the most diverse and unique camellia collections in North America. The Judge Arthur Solomon Camellia Trail was named in honor of a 46-year Chatham County Commissioner who was a co-founder of the American Camellia Society.

A "museum of plants," the Historic Georgia Trustees Garden Replica is a miniaturized version of the 10-acre garden constructed by James Oglethorpe in 1734 in Savannah. The re-creation contains historically accurate plantings of mulberries, sour oranges, grapes, figs, pomegranates and other crops and plants trialed and used by Georgia's first settlers.

The site dates back to the late 1800s, when it was a 46-acre farm owned and operated by the Smith family. Bamboo, gifted by a neighbor

IF YOU GO

WHAT: The Coastal Georgia Botanical Gardens
WHEN: Open Thursday through Saturday, 10 a.m. to 4 p.m.
WHERE: 2 Canebrake Road, near the intersection Hwy. 204 and U.S. 17
HOW MUCH: Adults \$5, children \$3
CONTACT: Coastalbg.uga.edu
GARDEN ETIQUETTE: The botanical garden strives for the preservation, display and maintenance of a wide array of plants. To ensure the health and integrity of the plants, it is important that visitors respect the boundaries of the gardens.

- Refrain from stepping into mulched planting beds and remain on designated walkways, to avoid damaging dormant plants, metal plant markers and our irrigation lines and emitters.
- Do not pick flowers, fruits or leaves, or climb trees or pick flowers, fruits or leaves. Propagation cuttings and seed harvesting is not allowed.
- Photography is welcome for non-commercial purposes, but please do not position people in planting areas where they may trample dormant bulbs and flowers and cause soil compaction.

boring rice plantation, was planted to the south along Ogeechee Road, southwest of Savannah. By 1915, the Japanese timber bamboo was thriving, towering 50 to 60 feet high.

S.B. Dayton, an employee of the Smith farm, visited the renowned botanist Dr. David Fairchild, at the U.S. Department of Agriculture in Washington, D.C. With the help of Peter Bisset of the USDA, Dayton convinced Fairchild of the potential value of bamboo in Savannah. Fairchild approached Barbour Lathrop, a wealthy benefactor, who purchased the bamboo grove and the adjacent farm from the Smith family in 1919. Lathrop then leased the property back to the USDA for \$1. The Savannah Plant Introduction Station was dubbed "the Bamboo Farm" by locals. In the 1920s, '30s and '40s, collecting trips to eastern China yielded a variety of bamboo types for cultivation. Today, the Barbour Lathrop Bamboo Collection features more than 70

different species, some of which are the first of their kind ever planted on North American soil.

For 60 years, the USDA used the site to research economically significant plants and byproducts. Agriculture experiments were conducted to advance paper production, synthetic rubber and medicine. By 1975, the USDA had begun phasing out research functions at the Bamboo Farm, and the facility closed in 1979.

In 1983, the Bamboo Farm was deeded to the University of Georgia for education and research. Ornamental plant and pest-management research was performed on site. In the mid-'90s, the university launched an aggressive capital campaign for improvements to the site. In 2012, the Bamboo Farm and Coastal Gardens became the Coastal Georgia Botanical Gardens. It remains under the auspices of the University of Georgia's College of Agricultural and Environmental Sciences and UGA Extension.

The gardens serve as a living classroom. Its mission is to provide education, public outreach, and applied research in horticultural and environmental sciences. Historic buildings like the Frank Williams Classroom and the Bethel Bur-Ton Conference Center date from the 1930s, and today are used to present lectures, cooking demonstrations, and other presentations. A Children's Botanical Garden is currently being planned.

The Garden of All Abilities is accessible to people with limited mobility and reach. Raised beds and paved pathways make gardening physically easier and more enjoyable for gardeners who use wheel-



The Crape Myrtle Allee is a 300-foot-long brick path lined by a collection of crape myrtles. They flourish in southern heat, blooming in late May and sometimes extend the flowering season to early August.

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By Philip Schweier

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The 50,000-gallon water garden features a 9-ft. waterfall, waist-deep water lily canal and a shallow bog basin. The garden is also home to frogs, dragonflies water-walking spiders and toads. On rare occasions, a beaver, turtle or water moccasin will visit, but fish tend to draw egrets from a nearby lake, which would destroy the ornamental aquatic plants.



The Coastal Georgia Botanical Garden offers a tranquil escape of lakeside walking paths, welcoming more than 100,000 annual visitors annually.

chairs or have difficulty standing, stooping or bending. Horticulture therapy helps promote a person's well-being, increase physical activity and skill development, social interaction, creativity and confidence.

Today, a master plan guides development of the botanical garden, along with support from Friends of the Coastal Gardens, a 501(c)3 non-profit organization. Its mission is to provide financial and human resources for the gardens and the historic bamboo farm.

The gardens host functions such as weddings and receptions, a family celebration, or business outing. The Andrews Visitor and Education Center features a Southern ambience, accommodating up to 200 guests, and the gardens provide a picturesque backdrop for vows and wedding photos.

To learn more about the Coastal Georgia Botanical Gardens, visit coastalbg.uga.edu.



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Dr. Michael Hughes

He Served • By Ron Lauretti

Career military man and committed educator - Dr. Michael Hughes is both. After 22 years in service to his country as an Army officer, Hughes turned his leadership skills to the mission of developing young people. Today, he is the President and Headmaster of Bethesda Academy.

Growing up, Hughes admired his father for his contribution to the World War II effort. His father joined the Navy at the onset of the war and went ashore with Marines on the bloody beaches of Guadalcanal. Wounded in the line of duty, he also developed a bad case of malaria. Recovering from both challenges was not easy.

Hughes excelled at Bradshaw High School in Florence, Alabama, becoming a member of the National Honor Society. His efforts earned him a Congressional appointment to West Point, where he entered as a plebe in 1973. Upon graduation in 1977, he was commissioned a second lieutenant, joining the fighting ranks as a basic infantry officer.

But there is very little that is "basic" about this chosen vocation. One of Hughes' favorite postings was to Korea, where he commanded a company known as "The Tomahawks," within the 2nd Infantry Division, 23rd Regiment, 1st Battalion. The unit was so-named because of its history of hard-earned battlefield triumphs. "We were stationed right below the heavily fortified, high-alert demilitarized military zone (DMZ)," Hughes recalls, "and these troops were a no-nonsense bunch." Conditions were harsh, but morale was high, and the time with the men he led was a great honor for Hughes.

While in Korea, Hughes had the privilege of escorting then-vice president George H.W.



Dr. Michael Hughes, president/headmaster of Bethesda Academy

Ord, California. He served as a platoon leader, company executive officer, battalion S-4 officer, company commander, and aide-de-camp to the commanding general.

In October of 1990, Hughes was deployed to the Middle East in support of Operations Desert Shield and Desert Storm and Operation Provide Comfort, a joint task force to rescue Kurds in northern Iraq. He also served at Fort Benning and as an instructor at West Point, and was a joint staff officer for the U.S. European Command in Germany from June of 1989 to June of 1991.

Hughes taught on the faculty at West Point during two stints. Beginning in 1985, he spent three years as an assistant professor and instructor in the Department of Behavioral Sciences and Leadership. He returned in 1994 as a tenured associate professor to supervise the psychology majors program. During his second tour of duty at West Point, a desk chair was not the only thing he sat on. He was the officer-in-charge of the school's equestrian team, riding tall in the saddle while his modern day "horse soldiers"

Bush around the area. "Bush asked to see the dingy accommodations we had to use, as well as the nicer ones," Hughes says. "Right after he departed, a work crew arrived to considerably improve our living conditions."

Another career highlight for the young officer was a command assignment in 1980 with the 7th Infantry Division at Fort

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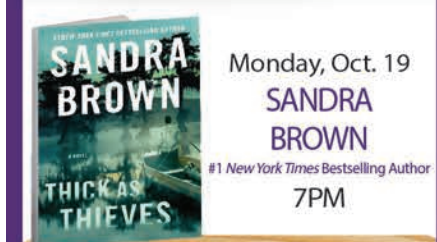
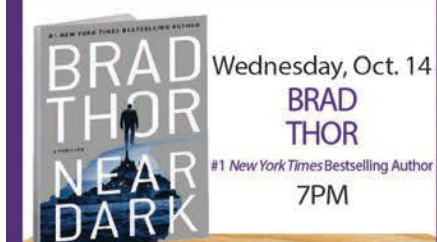


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Top: The company guidon bearer with Capt. Mike Hughes as he assumes command of A Company, 1st Battalion, 23rd Infantry (Tomahawks) at Camp Hovey, South Korea, in February 1982.

Center: Hughes and his company occupied two guard posts immediately adjacent to North Korea. He is pictured here at one of the bunkers at Guard Post Collier in April 1982.

Bottom: Hughes (center) on the DMZ in South Korea.

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competed against other collegiate equestrian teams and rose to national prominence in competition. He also served as director of the Center for Enhanced Performance, an initiative designed to help cadets maximize their academic and athletic performances, and leadership skills.

During this time, Hughes developed an innovative seminar, “Leading Professional Teams: The Human Dimension of Leadership,” which he taught at the Sloan Graduate School of Management at The Massachusetts Institute of Technology in Boston. He has also taught social psychology at the University of North Carolina, Chapel Hill.

Hughes retired as a lieutenant colonel in July of 1999, with multiple honors including the Legion of Merit and the Army Commendation Medal. His experience and education combined with a doctorate of philosophy from the University of Virginia's Curry School of Education set Hughes up for his second career, as a school administrator.

Hughes led the Riverside Military Academy in Gainesville, Georgia, during a comprehensive rebranding era, and he and his wife,

Donna, were very active in civic affairs there. He was the inaugural chair of the Franklin College of Arts and Sciences Advisory Board at the University of Georgia. For five years, Hughes was the head of Antilles School on the island of St. Thomas in the U.S. Virgin Islands. In the summer of 2016, he was named Headmaster and President of Bethesda Academy, a perfect fit for him. He is committed to developing programs that transform boys into young men of good character, eager to succeed in college, careers and life.

Hughes highlights two members of the Bethesda “staff.” Bruno is a 1,900-pound bull, the happiest bovine around because his only job is to make sure Bethesda's herd of 60 Black Angus and Hereford cows have plenty of calves each year. When the calves are born, Brownie, a donkey, guards them from any coyotes that show too much interest.

Michael and Donna Hughes love coastal Georgia, and intend to remain in the area for the long haul. They have already chosen a home near Brunswick as a retirement retreat; but, until that day, Bethesda has an accomplished leader guiding its future in honor to its storied past.



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TheSkinnie VOL. 18 ISSUE 20 - 15

Reading to Young Children Builds Literacy, Language Skills



Regular reading to and with young children has shown to stimulate optimal patterns of brain development and strengthen parent-child relationships at a critical time in kids' lives. According to the American Academy of Pediatrics, the practice builds language, literacy and social-emotional skills that last a lifetime.

Dr. John Rowlett, St. Joseph's/Candler Director of Pediatric Emergency Medicine, has been interested in the effect of reading on child development for more than 20 years.

"Studies have shown that the earlier you start reading to a child, the more comfortable that child gets with reading and language," Rowlett says. "And clearly, children still have to learn how to read. We may have all these new media sources, but you still have to sit down, look at the written word, and translate it into something useful in your world."

Every year, more than 33 percent of American children start kindergarten without the language skills they need to learn to read, ac-

cording to the American Academy of Pediatrics. Reading proficiency by the third grade is one of the most important predictors of high school graduation and career success. Unfortunately, nearly 66 percent of children each year in the United States and 80 percent of those living below the poverty threshold, fail to develop reading proficiency by the end of third grade.



John Rowlett, MD

Reading aloud with a young child is one of the most effective ways to cultivate the literacy skills needed to promote school readiness.

"Children who are read to earlier have a bigger vocabulary, and they then read better themselves," Rowlett says. Yet, he acknowledges that many parents have limited time and means when it comes to reading.

"There's no better investment you can make in your child's future than reading to them at an early age," Rowlett says. "You can read the same story 20 times, but also read 20 different books. Those experiences will become part of the language and the fabric of your child's life."

Reading is an important component of effective child development, as underscored by the American Academy of Pediatrics' "5 Rs," a prescriptive framework for parenting strategies.

- 1. Reading** together as a daily fun family activity.
- 2. Rhyming**, playing, talking, singing and cuddling together throughout the day.
- 3. Routines** and regular times for meals, play and sleeping, which help children know what they can expect and what is expected from them.
- 4. Rewards** for everyday successes, particularly for effort toward work while goals such as helping, realizing that praise from those closest to a child is a very potent reward.
- 5. Relationships** that are reciprocal, nurturing, purposeful and enduring, which are the foundation of a healthy early brain and child development.

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Vaden Chevrolet Pooler Supports Frontline Workers

Vaden Chevrolet Pooler recently presented a check for \$12,500 to the St. Joseph's/Candler Foundations in support of the e-learning camps that the health system has created for children of frontline workers. The presentation was made, fittingly, at the West Chatham YMCA, one of the health system's e-learning camp locations. Representatives from St. Joseph's/Candler Foundations, West Chatham YMCA and Vaden Automotive, including the company's president, Jane Vaden Thacher, participated in the presentation ceremony.

"We recognize the challenges that our frontline workers face daily as they struggle to balance work and parenting," Thacher says. "This funding will provide much-needed financial support and Chromebooks for students conducting virtual learning at the West Chatham YMCA. This program gives students a safe environment with all the tools they need to learn while their parents are at work taking care of us."

St. Joseph's/Candler has been providing camps for the children of frontline workers throughout the COVID-19 pandemic. Since the school year began in August, focused e-learning camps for 150 K-5th grade children have been operating to provide peace-of-mind to frontline parents as they care for the sick in our community. These camps are held at four local YMCAs as well as St. Frances Cabrini Church, to facilitate learning in the mornings and socially-distant physical ac-



Vaden Automotive Groups show support for frontline workers activities in the afternoons.

Vaden Automotive is one of the largest woman-owned automotive dealership groups in the U.S. With more than 500 employees, Vaden sells more than 10,600 vehicles annually, and reported nearly \$426 million in total sales in 2019. For more information on the Vaden Automotive Group and its list of dealerships, please visit danvaden.com

St. Joseph's/Candler's New 40-foot Weapon to Fight Breast Cancer

Nineteen years after introducing its first mobile mammography van, St. Joseph's/Candler has rolled out a new unit.

"What's so great is that this van goes to very rural areas, you know, all the counties," St. Joseph's/Candler Foundations Executive Director Vernice Rackett says. "We've seen an uptick of 400 screenings in the last year, with people who are desiring to come for the mobile versus driving."

Health experts say cases are being caught at an early stage because of mobile mammography. Providing breast screenings and education on the new unit comes with an upgrade that many women want - 3D technology.

"Patients now have a choice," Rackett says. "3D is especially good for patients that have dense breasts or history of breast cancer. And the images that you see are 'sliced.' If you take a book and open it along its spine, you notice all of the individual pages. Sliced images are like a collection of pages, each telling its own story, that help a radiologist pinpoint any problem areas."

Mammography technologist Kimberly Jones-Dowdell says staying on the go and connecting with our communities to increase breast health services helps save lives. "They want us to give patients what they want and what they definitely need, and we want to do that, so it's a benefit to them," she says. "It's a benefit to us to know that we're giving them something that they want and something that's going to



SJ/C mobile mammography van help them."

Most insurance will pay for mammograms; but, if you need support, help is available. For more information on screenings or to schedule an appointment on the mobile unit call 800.395.7873 or 819.6800. For information on the mobile mammography schedules visit sjchs.org.

MEANWHILE SHELTERING AT HOME...



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BANANAS and BASEBALL

By Jeff Garrison



Jesse Cole is the owner of the Savannah Bananas baseball team, speaker and author.

One of the most amazing things I've witnessed while living on Skidaway Island is the success of the Savannah Bananas. During their inaugural season in 2016, I watched the Asheboro Copperheads defeat the Bananas, and wrote in my journal: "I was hoping the Copperheads would slip on a banana, but sadly they made banana pudding, peeling the local team 6-4." What's baseball without cliches?

Cliches aside, the Savannah Bananas have been a big hit ever since. Much of the team's success can be credited to owner Jesse Cole, who can be seen at every game in a yellow tux, working the crowd. He owns seven yellow tuxedos, a color I'm sure has never been in style. While the clothing helps Cole stand out, his success is built around a principle of having fun, and surrounding himself with a team who buys into his ideas and is willing to indulge in a sometimes unconventional approach to the national pastime.

Cole is a baseball fan, and a former college player, but he realizes that there are some inherent problems with the pace of the game.

He encourages his staff to focus all of their energy on helping their customers - their fans - to have fun. If you have been to a Bananas game, you know the experience is all about having a fun; at times, the game becomes a sideshow.

Prior to the Bananas, Savannah was the home to a minor league team with a pesky mascot, the Savannah Sand Gnats. At least team management didn't choose to all the club the Chatham County Cockroaches. Small wins.

For years, the team struggled to draw fans, and urged the City of Savannah into building a new stadium. Failing to accomplish this, the owners announced at the start of the 2015 baseball season that they were moving the team to Columbia, South Carolina. There, the rebranded themselves as a brighter bug - hence, the not-particularly-alliterative-or-culturally-germane Columbia Fireflies.

Suddenly, Savannah, one-time host to legends of the game like Babe Ruth, was without commercial baseball. Cole sensed opportuni-

ty. Late in 2015, he and his wife worked out an agreement with the city to bring a college summer league team to historic Grayson Stadium. Cole had been with a similar team in Gastonia, North Carolina.

The Savannah Bananas play in the Coastal Plain League, consisting of 16 teams throughout North and South Carolina, featuring some of the top college players from around the country. In existence for more than 20 years, the league is considered one of

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the top prospect showcases for prospective professional players.

Initially, locals were excited, but skeptical. When the name was announced in the winter of 2016, jokes followed. Many questioned Cole's wisdom. But when you say "Savannah Bananas" out loud a few times, you catch a sense of the magic. And it was magical as the Bananas sold out their first season, breaking the stadium attendance record. Since then, each season has continued to sell out, until Covid-19 forced the team to find new ways to interact with its fan base.

As a Bananas fan, I decided that before I left the area I should read Cole's book, *Find Your Yellow Tux*, which I highly recommend. It's easy to read and Cole is honest, pointing out his blunders as candidly as he chronicles success. The book is partly a business text, as Cole shares his philosophy about marketing and serving the public. But the reader will quickly learn that Cole shuns the idea of "professionalism." "Where's the excitement in professionalism?" he asks. Cole encourages his staff; he cultivates a little bit of crazy.

The book is part-memoir, too. Cole shares his aspirations and heartbreak, dreaming of playing professional baseball and ruining his pitching arm along the way. Cole's father worked in minor league baseball, and, despite a career-ending injury, Cole couldn't give the game up altogether. So he began to work entry-level jobs for low-minors teams. Eventually, he earned an opportunity to help the struggling Gastonia Grizzlies rebuild.

From there, Cole came to Savannah. He introduces the reader to his wife, Emily. It was an exciting time in his life, as he proposed marriage to Emily and established Fans First Entertainment, the business behind the Bananas.

Cole realized that to be successful he'd have to innovate beyond what had been offered to Savannah fans in the past. He imagined a new kind of baseball experience. His concept is predicated on relentless fun. And he recognizes the importance of differentiating himself and his product from mainstream competitors. He draws from a wide range of real-life heroes, like such as P. T. Barnum, Walt Disney, Mick



Thanks to Cole's innovative — and sometimes outrageous — ideas, the Savannah Bananas have broken attendance records at historic Grayson Stadium.

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Jesse Cole MCs "the Slowest Race in the World," the Toddler vs. Turtle Race. Toddlers race against the Bananas' famous turtle but often they crawl to their parents who are trying to get them to the finish line.

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Veeck and Richard Branson, and fictional ones like movie character Jerry Maguire.

Cole is an avid reader, and he encourages his staff to read, too, believing reading stimulates the creative process. He presents gift cards to staff members who read and then report on the book to the rest of the staff. These sessions tend to generate ideas, which are put into the "idea box" and pulled out at his staff's brainstorming sessions, also known as "ideapaloozas."



While he never mentions investing or investment theory in his book, Cole's idea of doing the opposite of what everyone else is doing sounds like basic contrarianism. While such a strategy feels risky, with risks comes potential outsized rewards. We live in a society that encourages conformity. We often surround ourselves with people who mirror ourselves. Cole believes in breaking his own comfort boundaries in the pursuit of joy and success.

I recommend *Find Your Yellow Tux*. And, if you haven't yet done so yet, catch a Bananas game next season.





WE WANT YOU To Share Your Story!

There's a lot of military service among our readers, active and retired, from all branches of the military, as well as police, fire and other first responders. Help us recognize their service by nominating them to be featured in an upcoming **He Served**.

Send your nominee's name and contact info to ronl35@comcast.net



WILDTHINGS

GRAB YOUR CAMERA!

You live in a photographer's paradise. Keep those local nature snapshots coming our way. The bigger the photo, the better, so we can really show you off.

Betty Gorman feels truly blessed to live on beautiful Skidaway Island, and happy to have the opportunity to capture it's wild life with her camera.

"I really enjoy bird watching and was so excited to see this beautiful woodpecker on the pine tree," she says.

Wild Things" is a regular feature in The Skinnie, featuring your photographs of our beloved island. Email your high-resolution photos to production@theskinnie.com. Please include your name and a little info about where the photo was taken.





NUTS TO YOU

WHAT: P.E.O. Chapter AS annual pecan sale
WHEN: Orders placed from now until Oct. 20; Delivery to your home by Nov. 14
HOW MUCH: Pecans are priced at \$12 per bag
CONTACT: Judy Gandelot 598.5404 or Gayle Burkhardt 598.0969
WHAT ELSE: These attractively wrapped pecan delicacies come in a variety of delicious flavors and make perfect gifts. All proceeds benefit P.E.O.'s scholarship and loan funds for women, who seek undergraduate and post-graduate degrees at accredited national and international institutions. This is our main fundraiser for the year.

POWER PLANTS

WHAT: P.E.O. Chapter BB's Annual Plant Sale
WHEN: Orders placed from Sep. 3 to Oct. 5
CONTACT: Alice Wright at friz2541@aol.com for plant selections, prices and pre-order forms
WHAT ELSE: Pick up your pre-ordered and prepaid plants on Tuesday, Oct. 20, at St. Peter's Episcopal Church, 3 West Ridge Rd. P.E.O. is a philanthropic educational organization that raises funds for scholarships and loans for women who are entering college or whose education has been interrupted and find it necessary to return to school to support themselves and/or their families, for women pursuing a doctoral level degree, or for international scholars. This annual event is P.E.O. Chapter BB's largest fundraiser of the year. Please consider purchasing your fall/winter plants and flowers from P.E.O. Chapter BB, and support women's education at the same time.

BANGLES, BAUBLES, BRIGHT SHINY BEADS

WHAT: P.E.O. Jewelry Sale
WHEN: Every Wednesday and Friday in October from 11 a.m. to 2 p.m.
WHERE: In front of the Village Grill fountain. Also at the Library Used Book Sale on Oct. 10
HOW MUCH: \$30 - \$35
CONTACT: Elaine at 912.335.2909 or Peggy 912.598.9057
WHAT ELSE: All proceeds benefit P.E.O.'s scholarship and loan funds for women, who seek undergraduate and post-graduate degrees at accredited national and international institutions. This is our main fundraiser for the year.

island hopping

Please email content to mail@theskinnie.com.
Deadline is the Friday prior to publication.

WHO NEW?

WHAT: New Neighbors
WHEN: Visit www.landingsnewneighbors.com to see our calendar
CONTACT: Visit our website or contact Milli at nnnewmember@gmail.com
WHAT ELSE: The club offers more than 250 different activities from biking, golf, pickleball, walking groups or fishing to Mahjong, Bridge, Needle-arts and Canasta. We have exciting military tours and special events for you to enjoy right here on Skidaway Island.

GOTTA LOVE IT

WHAT: Landlovers Membership
HOW MUCH: Each \$30 membership fee covers one household of one or two adults.
CONTACT: Cindy Altman, Landlovers Membership Director, at Landloversmembership@gmail.com.
WHAT ELSE: Landlovers is a philanthropic and social organization. More information and details can be found at www.landlovers.com. Membership year runs from Sep. 1, 2020 through Aug. 31, 2021.

2020 VISION

WHAT: The works of Abigail Stevens
WHEN: Oct. 1 - 30
WHERE: JEA Art Gallery, 5111 Abercorn St.
HOW MUCH: Free
CONTACT: Vicky Lunick, 912.355.8111
WHAT ELSE: This installation examines the phases many of us have gone through in this one year alone. From parenting in a pandemic to witnessing a time in history torn apart by political debate and protests, to the literal movement from one phase of societal re-opening to another, we progress through the timeline of the past year collectively, yet in a private manner.

KEEP 'EM FLYING

WHAT: The National Museum of the Mighty Eighth Air Force
WHEN: Tuesday – Saturday, 10 a.m. to 5 p.m.; Sunday, Noon to 5 p.m.
CONTACT: For more information call 912.748.8888 or visit www.mightyeighth.org
WHAT ELSE: New guidelines are in place to protect staff and visitors. Visitors are strongly recommended to wear facemasks. Hand-sanitizing stations have been established throughout the museum. Some areas will be capacity-controlled.

OPEN DOORS

WHAT: Telfair Museums are open!
WHERE: Jepson Center for the Arts, 207 W. York St.; Telfair Academy, 121 Barnard St.; Owen-Thomas House and Slave Quarters, 124 Abercorn St.
HOW MUCH: Admission from \$15 to \$20, includes all three museums
CONTACT: Telfair Museums, 912.790.8800 or telfair.org
WHAT ELSE: At the Owens-Thomas House, tour groups are limited to family or household groups of 5, with tours every 10 minutes. Last tour time of the day is 4:20 p.m.

HOCUS POCUS!

WHAT: Landings Magic Society
WHEN: 7 p.m., second Thursday of the month, Oct. through May
WHERE: Plantation Club card room
CONTACT: Jim Ruhl, 912.856.3948, jsruhl@gmail.com or Bill Sickels, 912.598.9123 or whsickels@gmail.com
WHAT ELSE: Anyone with an interest in magic is welcome. Every meeting is instructional, entertaining and enlightening.

BREAKFAST CLUB

WHAT: Kiwanis Club of Skidaway Island
WHEN: Thursdays at 8 a.m.
WHERE: The Landings Marshwood Club, The Barn
HOW MUCH: Free to attend.
CONTACT: Michael Klavon, 912.306.0474, before attending
WHAT ELSE: This club donates more than \$60,000+ for at-risk children yearly.

BODY AND SOUL

WHAT: Skidaway Island United Methodist Church (SIUMC) Exercise Classes
WHEN: Mondays, Wednesday and Fridays, times are below
CONTACT: For more information or to register for January session, visit siumc.org/exercise or call 912.598.8460
WHAT ELSE: Mat Pilates from 9:15-10:15 a.m.; and Sit-Fit from 10:15-11:15 a.m. Classes are led by Elena Bennett, an ACSM-certified exercise instructor. SIUMC has added Friday classes to its offerings for church- and non-church members alike.

STUCK IN BETWEEN

WHAT: Middle Aged Tweens of Skidaway (MATS).
WHERE: Usually in private homes.
CONTACT: matskidaway@gmail.com or call Ann Nash at 203.856.8927, or visit www.matskidaway.com
WHAT ELSE: MATS was formed to create social activities for people in their 'tween years. There are monthly socials, book club groups, business group, Ladies Night Out, Men's Poker Night and more! Many of us are empty nesters or semi-empty nesters. We may find ourselves in the later stages of our careers, working part-time or navigating issues of early retirement. Some of us are still responsible for raising children.

CAUSEWAY CLEAN-UP

WHAT: "Shine Bright like a Diamond (Causeway)," litter pickup along Diamond Causeway
WHEN: 1 or 2 times per month, as trash amount deems necessary
WHERE: Meet in the parking lot of Butterbean Beach
CONTACT: Courtney Fowler, causewaycleanup@gmail.com or 912.313.6040
WHAT ELSE: Please bring work gloves and a safety vest if you have one; a trash-picker works wonders as well. We will provide trash bags. Water is recommended to avoid dehydration.

WE HAVE A WIENER

WHAT: Landings Longdogs Get-togethers
WHEN: 4th Tuesday of each month, 4 p.m.
WHERE: Landings Harbor Marina
HOW MUCH: No charge
CONTACT: Linda Rich, lindarich912@bell-south.net
WHAT ELSE: A fun play date for you and your dachshund(s). Meet other owners and their special friends.

IT'S AN HONOR

WHAT: Honor Flight Savannah seeks war veterans and volunteers
CONTACT: honorflightsavannah.org or 912.367.9020
WHAT ELSE: Honor Flight Savannah is offering WW II, Korea and Vietnam War era veterans living in southeast Georgia and southeastern South Carolina an all-expense paid trip to Washington, D.C., to visit their war memorials. Funding for trips is dependent on contributions from community citizens and businesses.

CERVUS WITH A PURPOSE

WHAT: Bingo at the Elks Lodge
WHEN: Sundays at 7 p.m. and Wednesdays at 7:30 p.m.
WHERE: 183 Wilshire Blvd

WHAT ELSE: \$1,500 in prizes. All proceeds benefit Elks charities.

HORSE SENSE

WHAT: Pegasus Riding Academy volunteers needed
WHERE: Old Roberds Dairy, 2500 Tennessee Ave., Savannah
CONTACT: For information and directions, visit www.prasav.org or call 912.547.6482
WHAT ELSE: Pegasus Riding Academy is a therapeutic riding program providing safe, professional and ethical equine-assisted activities for individuals with physical, mental and emotional disabilities. Volunteers are needed to assist these special children. Horse experience not necessary.

MEETING OF THE MINDS

WHAT: Stroke Survivors
WHEN: Third Thursday of every month, 4 to 5 p.m.
WHERE: Messiah Lutheran Church, 1 West Ridge Rd.
HOW MUCH: Free
CONTACT: Shirley Nack, 598.7047
WHAT ELSE: Share your experiences with stroke survivors. At our meetings we listen and learn what other survivors have accomplished in order to return to an active lifestyle.

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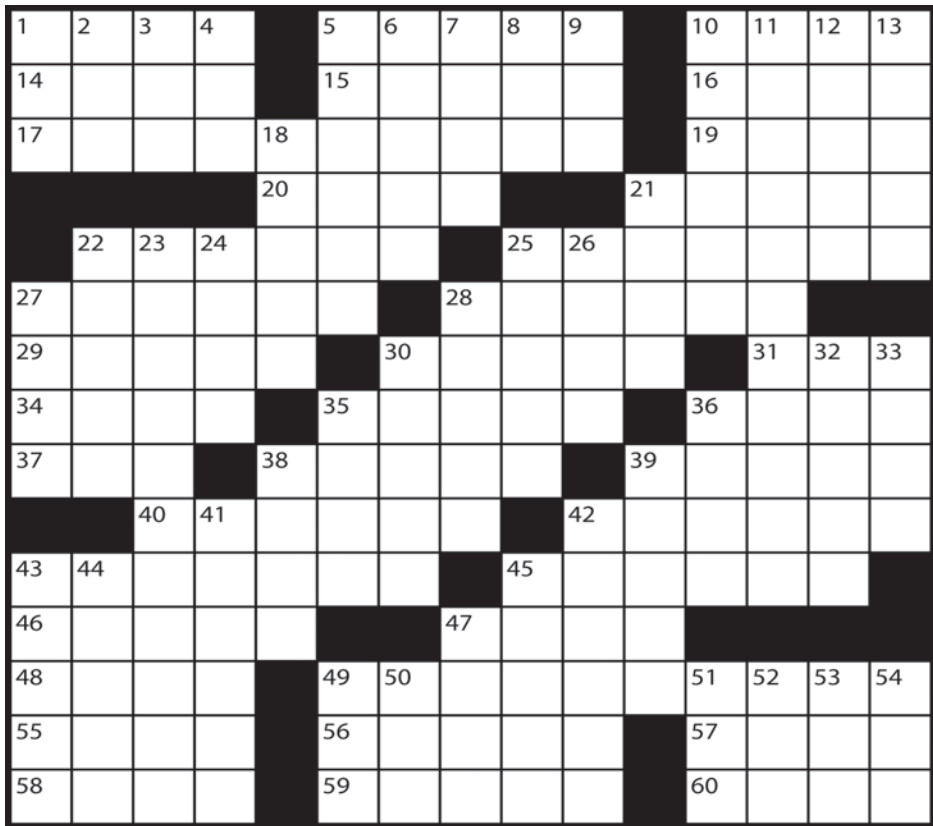
ACROSS

- Mecca native
- Sony 55-inch LED, e.g.
- John, in Wales
- Lugosi
- Vaquero's lasso
- Actress, ___ Kedrova (anagram for ALLI)
- This Geat Lakes alliance will draw NRA supporters**
- Barely got by
- Scandinavian rugs
- Musical set in Argentina
- More pretentious
- "Fight or flight" gland
- Rubbernecked
- While
- Having weapons
- Khartoum is its capital city
- U.S.Army rank below sgt.
- Shaving cut
- Monet contemporary
- The Buckeye State
- "Zippity-doo-___"
- Refuge
- Three-card Monte abettor
- Actor's lines spoken directly to the audience
- Trojan War hero (anagram for SEE ANA)
- Currier, to Ives
- Scam
- Cereal grass fungal disease
- Ghostly emanation
- Palindromic chick
- This older city hookup will be named the "GRIFFINS"**
- Crucifixion letters
- Facial expression of contempt
- Two-fold
- "The man who created Santa Claus" (anagram for STAN)
- Panty raid victims
- Bacchanal

DOWN

- "Jeopardy!" network
- Vintage auto
- Everything

Teams are pairing up for a new look



- Vampire ___
- Fancy type of ceiling (anagram for TAR DYE)
- "The ___ of Wakefield" (Goldsmith novel)
- ___ Fifth Avenue
- Summer, in Nice
- Paving material
- Number of players on a football team
- "Game of Thrones" buffs will like this Midwest fusion**
- Prince Valiant's squeeze
- Greatest Spanish tennis player ever
- Stuck one's nose into
- "___ Go Bragh!"
- Skylit hotel lobbies
- A West Coast combo is for NASCAR fans**
- Arduous trip
- Noted 20th century poet (anagram for DUANE)
- "Dadgummit!"
- Beach stuff
- Piles of 27-Down
- One with an I.R.A.
- Rice cooked in meat broth (anagram for IFLAP)
- Electronic guffaws
- Manufactured
- "Not that again!" (2 words)
- Clue
- Female flower part
- "Enough already" (2 words)
- TV broadcasters. e.g.
- Father of Charlemagne (anagram for NIPPE)
- Pro ice hockey venue
- Reigned
- "A Death in the Family" author
- Most upper left PC key
- Year, in Tijuana
- Common swear words?
- Sharing word
- Old horse
- Foxy

Puzzle answers, page 29

*For each puzzle a relatively difficult set of clues (Challenger) will accompany the first printing. In the subsequent issue, the same puzzle will appear with an easier set of clues (Standard) Email questions/comments to puzzler@theskinnie.com

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HOME IMPROVEMENT/
REMODELING

Savannah Tradesmen • Complete Home Remodeling and Construction Contractor. Custom Kitchens and Baths. Additions, Screened Porches, Decks. Certified Pella Window/Door Installer. Roofing Experts. Stucco Specialist. Concrete, Pavers, Hardscapes. Water Damage Restoration Certified. Foundation structural repair experts. Home Inspector Certified. Wood Rot, Pressure Washing, and Painting. Design Consultation Services Available. Licensed and Insured Georgia Contractors #RBQA004670. Free Estimates. Home: 351.0716 or cell: 656.8842.

John Hodges Construction, Inc. • We specialize in window and door replacement and repair. We're a

Pella and Marvin certified contractor. We also specialize in exterior siding, decks, service fence and trim. Interior remodeling: Kitchen, bathrooms, and trim. No job too small. Serving the Landings since 1982. Call 313.2767.

INTERIOR DESIGN
AND DECORATING

Debbie's Decorating • For over 20 years, throughout the United States, I've designed and decorated homes, offices and new construction. I would love to assist you in updating your home! Please call now to book your appointment with Landings resident Debbie Leacock. Phone 214.405.0989 or visit my website at www.dleacock.com.

LANDSCAPING/LAWN CARE

Grassmaster Lawn Care • We offer complete landscape management with year-round service. Our services also include fertilization, insect, weed, and fungus control, along with lawn and shrub programs. We are your total lawn care service. We also offer landscaping, i.e. lawn renovation and sodding. Licensed and Insured. Free estimates. Please call Mike Schuman at 354.8856.

Scott's Lawn Service, LLC • Customer service you deserve! We are committed to providing the most reliable lawn care service and maintenance. Offering complete lawn care needs including lawn mowing, edging, pruning, hedge trimming, blowing, blowing the roof, and pine straw installation, and fertilizer. Call today for a free estimate. Let us maintain your property, so you can enjoy it. Licensed and insured. 912.656.8472



New Leaf Landscape Management • As Skidaway Island residents, we understand your need to maintain a beautiful well-kept lawn. New Leaf Landscape Management specializes in full-service lawn maintenance and fertilization, debris removal and professional landscaping design/ installation. With over 15 years in the industry, we have developed strong relationships with local companies to deliver superior products for your home at the utmost competitive prices. Please call for your no obligation lawn evaluation and free quote. Thank you! 912.656.9088 or 912.210.9773. Licensed and Insured.

LIFT CHAIRS

Power reclining lift chairs available in all sizes, fabrics and features. Correct spinal alignment and improved circulation. Lifts you on your feet with a touch of a button. Sit & Sleep Mattress...1110 Eisenhower Dr., 912.355.2331. See our display ad.

MASSAGE THERAPY

In-Home Massage Therapy • Licensed Massage Therapist with 12 years experience. Landings residents' references available upon request. Misty Martinez, LMT; 912.661.1387, mistymartinezlmt@gmail.com

MOVING & DELIVERY

Specialty Moving and Delivery • Residential and Commercial Relocation Specialists Local & Long Distance. Offering Household Moving & Rearranging, Business Relocation & Inter-office Moving. Pickup & Delivery Service, Installation & Assembly, Loading & Unloading, Packing & Crating, Shipping & Receiving, Warehousing & Storage and Packing Supplies. Specializing in Items that Require Special Care including: Fine Furniture & Pianos, Art & Antiques, Office Furniture & Systems, Business Machines & Electronics and Medical & Institutional Equipment. Serving the Landings for over 20 years. Licensed & Insured. References. Call 925.9528.

Gracious Moves • Landings Resident/Realtor® / Move Manager, Brooke Bass has been assisting families since 1985. Moving simplified from A to Z: Prepare home for sale, list and sell, sort, pack, organize, floor plan, stage, unpack, setup, hang art, remove boxes on moving day! NAR® Outstanding Service Award! www.GraciousMoves.com; Brooke@GraciousMoves.com; Call Brooke, 912.655.9299.

PAINTING AND
POWER WASHING



Islands Painting • Proudly serving the Landings for over 20 years. We specialize in custom interior and exterior painting. We also do pressure washing of homes, sidewalks, driveways, etc. Wallpaper removal and much more!! Thank you for your consideration. Please see my reviews at TLA. Call Tommy Rigdon, 912.308.4601 or email: tjrighdon@yahoo.com



All American Low Country Painting • We are a 4th generation Painting business with over 60 Years of experience.

All our work comes with a 2-year guarantee and paint from Sherwin Williams has a lifetime warranty. Please call us for your painting needs and all estimates are free of charge. We are locally owned and operated. Licensed and insured. Call Randy Parrish 912.239.0206 or email randyparrish1976@gmail.com to schedule your appointment.



LUKSCOLOR PAINTING SERVICES • Licensed & Insured. Quality painting at an affordable price done by someone you can trust! No job too small. References available...Creating beautiful homes in the Savannah/Chatham County area for over 14 years. Call Andrey Ribeiro for free estimates, 912.713.9578. Email: andrey.lukscolor@gmail.com / Website:www.lukscolorpainting.com

PERSONAL HOME TRAINER



Personal Home Training and Exercise • Michael Cohen, Olympic Coach and Olympic athlete brings his 50 years of expertise to your home. Specializing in weight management, sport specific training and general fitness for all ages. Creator and Founder of GEM, an exercise program for those with Parkinson's, Essential Tremor and other Movement Disorders, Michael specializes in training and coaching designed to lessen the symptoms of these disorders and keep you active. Licensed, Certified, Insured and Background Screened. 912.663.5833 or email: CohenWeightlifting@aol.com

SERVICES



RESOLUTION MEDIATOR

Resolution Mediator • Looking for a fair resolution to a dispute with a contractor, tenant, customer, landlord, business, or family member without going

to court? Resolution Mediator guides parties toward common-sense, cost effective solutions, using modern technology. It is private, convenient, and virtual. Sign up for a free consultation. ResolutionMediator.com or call 912.231.7404

Sandfly Custom Framing • We are a full-service custom frame shop with over 2,000 mouldings to choose from. All work performed in house to ensure quality control. Owned and operated by Judi Weaver with 23 years experience. Shadow boxes, mirrors, stitch art, diplomas, specialty matting, portraits, paintings and coastal maps. Consider Sandfly Custom Framing: "When Quality Matters." 8413-B Ferguson Ave. 912.691.1333.

AJ's DRYER VENT DUCT CLEANING...OR A HELPING HAND FOR YOUR NEEDS • If your dryer takes longer than 30 minutes to dry a load of clothes more than likely your dryer duct system needs to be cleaned. Average cost is usually around \$100 depending on duct system. Thanks in advance for supporting a BC Cadet!! Call or text AJ @ 912.507.1384 Landings Resident.

TREE SERVICES

Treemaster, Inc. • We offer these services for all of your tree needs: trimming, pruning, and removal. We also offer stump grinding. We're bonded and insured. 24-hour emergency service. We accept all major credit cards except Discover. We are the sister company of Grassmasters, owned by Landings residents, Mike and Diane Schuman. Call us at 912.598.0140.



SavATree and Downey/Tree Service have joined forces to serve Savannah area communities. Our team of professional arborists provide environmentally sensible tree and plant health care programs to keep your landscape safe, beautiful, and thriving. We take pride in helping our customers find the most appropriate solutions for their tree issues, whether they require diagnosis and treatment, pruning, or removals. We're proud to be servicing commercial and residential properties in Savannah and along Coastal Georgia. For a complimentary consultation, get in touch with us today. Call: 912.455.5041 Email: savannah@savatree.com Visit: savatree.com/consults

WANTING TO BUY

Buying Old Coins/Jewelry/Bills • I'm local to the Landings, and collecting coins and currency is my lifelong passion. Right now, I'm looking for old coins, jewelry, old bills, gold, coins from the mint, commemorative coins, etc. to buy for my collection. I'm able to pay higher prices than any other professionals since I don't sell for profit, melt them down, or have a staff to pay. I'll even pay in cash. I'm happy

WEIGHT LOSS



Weight Loss & Body Sculpting at Slender in Savannah. 10% Off for Skinnie readers. Weight loss plans that work! No pre-packaged food & no starving! Noninvasive body sculpting for "spot reduction" of problem areas – no pain, no downtime! Free consultation and Body Composition Report at Slender In Savannah 315 Commercial Drive, Suite A7. Call Now! 912.509.7642

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Soap on a Rope • Power washing, window cleaning and more. Local, professional, personable, and fully insured. Voted Savannah's best 2018, and 2019! From homes to high-rises. 912.233.1544 soapona-ropeinc.com

A	R	A	B	T	V	S	E	T	E	V	A	N
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The Skinnie Classifieds listings are now online! Just visit www.theskinny.com and click "Classifieds."



We're Giving It Away!

The Skinny Football Pick 'Em Pool

NCAA

Florida at Texas A&M
Tennessee at Georgia
Texas at Oklahoma
Virginia Tech at UNC
Pittsburgh at Boston College
Mississippi St. at Kentucky
Miami (FL) at Clemson
Louisiana at Appalachian St.
Tulane at Houston
Louisville at Georgia Tech
Temple at Navy
Kansas St. at TCU
NC St. at Virginia
Duke at Syracuse
East Carolina at South Florida
Marshall at Western Kentucky
Texas Tech at Iowa St.
South Carolina at Vanderbilt
Texas St. at Troy
Florida Atlantic at Southern
Mississippi

NFL

Buffalo at Tennessee
Las Vegas at Kansas City
Philadelphia at Pittsburgh
Minnesota at Seattle
Jacksonville at Houston

As a tiebreaker this week,
pick the total points in the
Texas/Oklahoma game.

Football is back and that means one thing around here – the Skinny Pick 'Em Pool is in full swing. Many of our faithful followers have resurfaced and a few fresh faces have submitted entries in our first contest of the fall. We welcome all comers, so please get those entries in by email, regular mail or old-fashioned hand delivery to our office.

A bit of housekeeping regarding Week One. We goofed. Middle Tennessee played UTSA, not Memphis, so we toss that one out. And two game were postponed for COVID concerns – Notre Dame at Wake Forest and South Florida at Florida Atlantic. That left us with 22 versus the usual 25 games.

“Dandy” Don Schoenwald proved that he hasn’t lost a step during the off season, nailing a stellar 19 of 22 picks. There were three prognosticators hot on his heels at 18, but “Dandy” Don took home solo honors. Congratulations, Don, and thank you to everyone who got involved. We’re just getting started, so there’s plenty of time to join the fray.

The rules are simple. Predict the winning team for each game. And get more right than the rest of your friends. Twenty college tilts and five of the NFL variety, making 25, in all. If you win, you get prizes...specifically a gift card for a generous amount. Playing makes watching those Saturday scoreboard shows a little more interesting.

This slate of games will be played Wednesday, October 7, through Sunday, October 11. Entries are due Wednesday, October 7, at 5 p.m.

Email your picks to chendrix@theskinny.com, or send your entry the old-fashioned way to:

The Skinny
15 Lake Street, Suite 280
Savannah, GA 31411

Alternatively, just drop it by our offices in the Lake Side Center across from Publix.

Please, limit one entry per contestant. Good luck and enjoy the games!



Pumpkin Cream Cold Brew

Cold Brew + Pumpkin Vanilla Half & half + Cinnamon

CUTTERS POINT COFFEE CO.

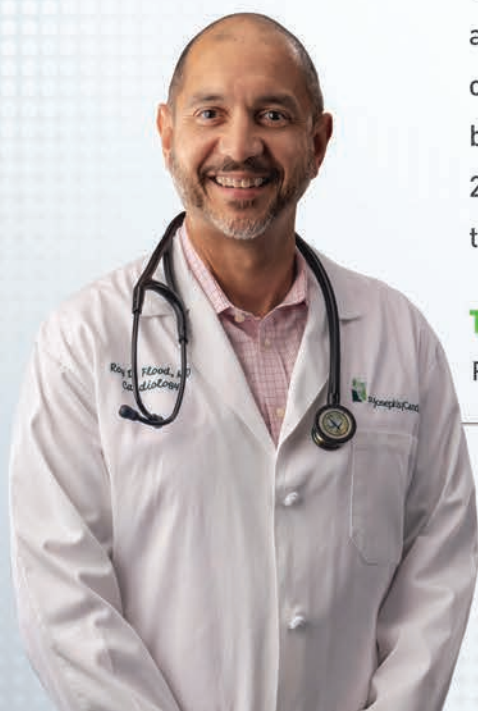
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Open Monday-Friday, 6:30 am-8:00 pm • Sat. 7:30 am-8:00 pm

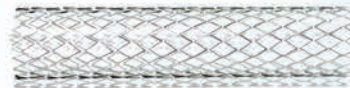
Sun 7:30 am-6:00 pm



As an avid walker and jogger, Johnny Ganem knew something was wrong when he started to get winded faster than normal. With his family history of coronary disease, he knew it was best to go to the St. Joseph's/Candler emergency room. It was determined a procedure was needed, and fast.



The Cardiac Cath team at The Heart Hospital at St. Joseph's Hospital worked with Dr. Flood



on a complex procedure to put in two stents through his wrist to open the blockage. After the procedure, Johnny was up and walking in less than 24 hours. Through smart diagnostics and quick action from Dr. Flood and the team at St. Joseph's/Candler, Johnny was back on his feet in no time.

THAT'S WHY I CHOOSE ST. JOSEPH'S/CANDLER

Roy Flood, M.D. - Cardiologist

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